

Thank You

拍数: 32 墙数: 4 级数: Intermediate
编舞者: John Huffman (USA) - January 2010
音乐: Thank You - Dido : (CD: No Angel)



Intro: Dance starts 32 counts after guitar starts

Step, Touch & Step x 2, Rock Recover Back, Back Side Cross

1 Step R fwd
2&3 Touch L fwd bumping hip L, bump hip R, weight to L bumping hip L
4&5 Touch R fwd bumping hip R, bump hip L, weight to R bumping hip R
6&7 Rock L fwd, recover R, step L back,
8&1 Step R back, step L side, cross R over L (12:00)

Restart: Wall 2 (after 8&)

Rock Recover Cross, Shuffle 1/4 Turn, 1/4 Turn Shuffle, Cross-Rock Recover 1/4 Turn

2&3 Rock L to side, recover to R, cross L over R,
4&5 Step R to R side, step L next to R Turn 1/4 L stepping back on R
6&7 Turn 1/4 L stepping L to L side, step R next to L, step L to L side
8&1 Cross-rock R over L, recover L, turn 1/4 R stepping R fwd (9:00)

Full Turn, Step, Step Pivot 1/4 Cross, Side, Sways, Touch 1/4 Turn

2&3 Turn 1/2 R stepping L back, turn 1/2 R stepping R fwd, step L fwd
4&5 Step R fwd, pivot 1/4 L (weight to L), cross R over L
6-7 Step L to L side swaying L, sway R
8&1 Sway L, touch R to L instep, turn 1/4 R stepping R fwd (9:00)

Side Pivot 1/4 Step, Step Pivot 1/2, 1/2 Turn, Back Lock Back, Sweep 1/4 Turn, Side

2&3 Step L to side, pivot 1/4 R (weight to R), step L fwd (12:00),
4&5 Step R fwd, pivot 1/2 L (weight to L), turn 1/2 L stepping back on R (12:00)
6&7 Step L back, lock R over L, step L back (12:00)
8& Sweeping R behind L turn 1/4 R (weight to R), step L next to R (3:00)

Repeat

Restart: After count 8& of wall 2 (you will be facing 3:00) restart dance from beginning

Optional Ending: You will be facing 9:00

1-2-3-4 Step R fwd, step L fwd, pivot 1/4 R (weight to R), cross L over R (12:00)

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