Don't Cry Alone



拍数: 48 编数: 4 级数: Easy Intermediate

编舞者: Christine Stewart (NZ) - October 2012

音乐: Cry to Me - Ronnie McDowell: (Album: Unchained Melody - 2:58)



Intro: 16 counts. Feet together weight on Left. - Start dancing on the word "BABY"

SIDE, HOLD, TOGETHER, SIDE, TOUCH, SIDE, HOLD, TOGETHER, SIDE, TOUCH

1-2 Step Right sideways right, hold

&3-4 Step onto Left beside Right (&), step Right sideways right, touch Left beside Right (weight on

Right)

5-6 Step Left sideways left, hold

&7-8 Step onto Right beside Left (&), step Left sideways left, touch Right beside Left (weight

remains on Left)

POINT RIGHT, HOLD, TOGETHER, POINT LEFT, TOGETHER, ROCK FORWARD, RECOVER BACK, FULL TURN RIGHT TURNING BACK

1-2& Touch/point Right to right side, hold, step onto Right beside Left (&)

3-4 Touch/point Left to left side, step onto Left beside Right (weight now on Left)

5-6 Step/rock Right forward, recover back onto Left

7-8 Turn ½ right and step Right forward (6:00), turn ½ right and step Left back (12:00)

(easier option: walk back Right, Left)

Ending: During wall 6 which starts facing 6:00. (The music starts to fade out during this wall) After completing the full turn you will be facing 6:00. Simply turn ½ right and step Right forward to finish the dance facing 12:00

ROCK BACK, RECOVER FORWARD, CROSS WALK X 2, POINT/TOUCH RIGHT, CROSS BEHIND, POINT/TOUCH LEFT, FLICK BEHIND ¼ TURN RIGHT

1-2 Step/rock Right back, rock/recover forward onto Left

3-4 Cross/step Right over in front of Left, cross/step Left over in front of Right. (Travel forward

slightly)

5-6 Point/touch Right sideways right, cross Right behind Left (weight on Right)

7-8 Point/touch Left sideways left, turn 1/4 right on ball of Right while flicking/hooking Left behind

Right knee (3:00)

GRAPEVINE LEFT, TOUCH, 1 1/4 TURN RIGHT, TOUCH

1-4 Step Left sideways left, step Right behind Left, step Left sideways left, touch Right beside

Left (weight on Left)

5-8 Turn ¼ right and step Right forward, turn ½ right and step Left back, turn ½ right and step

Right forward, touch Left beside Right (weight on Right) (6.00)

(easier option Step Right sideways right, step Left behind Right, turn ¼ right and step Right forward, touch Left beside Right (weight on Right)

SIDE, TOGETHER, STEP BACK, TOUCH, SIDE, TOGETHER, STEP FORWARD, POINT LEFT

1-4 Step Left sideways left, step onto Right beside Left, step Left back, touch Right beside Left

(weight remains on Left)

5-8 Step Right sideways right, step onto Left beside Right, step Right forward, point/touch Left

sideways left (weight remains on Right)

ROCK FORWARD, RECOVER BACK, ½ LEFT, HOLD, STEP FORWARD, ½ LEFT, STEP FORWARD, ¼ LEFT

1-2	Step/rock Left forward	, recover back onto Right

3-4 Turn $\frac{1}{2}$ left and step Left forward, hold (12:00)

5-6 Step Right forward, turn $\frac{1}{2}$ left on balls of both feet transferring weight onto Left (6:00) 7-8

Step Right forward, turn 1/4 left on balls of both feet transferring weight onto Left (3:00)

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