

# F-Five

拍数: 32                      墙数: 4                      级数: Intermediate  
编舞者: Patti Nivens (USA) - October 2012  
音乐: Tornado - Little Big Town



## CROSS ROCK, SIDE POINT, SAILOR STEPS X 2

1&2                      Cross right over left, recover on left, point right to right side  
3&4                      Step right behind left, step left to left side, step right to right side  
5&6                      Cross left over right, recover on right, point left to left side  
7&8                      Step left behind right, step right to right side, step left to left side

**Restart #2 - here on the 10th rotation**

## WIZARD STEPS, ROCK RECOVER, BACK LOCKING STEP

1,2&                      Step right forward on a right diagonal, lock left behind right, step right forward slightly  
3,4&                      Step left forward on a left diagonal, lock right behind left, step left forward slightly  
5,6                      Rock forward on the right, recover on the left  
7&8                      Step back on the right, lock the left foot over the right, step back on right

## 1/4 TURN, TOE STRUTS, SIDE ROCK, SAILOR 1/2 TURN

1,2                      Stepping 1/4 turn into a left toe strut - (Step left toe forward, drop left heel ) (9:00)  
3,4                      Cross right over left in a right toe strut - (Step right toe forward, drop right heel)

**Restart #1 - here on the 7th rotation**

5,6                      Rock left to left side, recover on the right  
7&8                      Left sailor step with a ½ turn left (3:00)

## STOMP, TURN 1/2 LEFT WITH HOOK, SHUFFLE X 2

1,2                      Stomp right forward, turn 1/2 left and hook left softly across right (9:00)  
7&8                      Triple forward left, right, left  
3,4                      Stomp right forward, turn 1/2 left and hook left softly across right (3:00)  
7&8                      Triple forward left, right, left

**Tag—** after 3 full rotations of the dance, simply sway for 4 counts and restart the 4th rotation... following the "mmmm's" of the song. :)

**Restart #1 --** On the 7th rotation of the dance, dance the first 20 counts and then restart. (This restart hits right after the right toe strut, so you will need to simply touch the right toe on count 3 and hold - without taking weight - to be in position to restart the dance)

**Restart #2—** On the 10th rotation of the dance, it is obvious there is a re-start because the music completely stops. You could simply sway (or be creative) through the silence and then begin the dance again. Another option could be to dance the 1st 8 counts (the final steps will be done without music) and then do two ½ turns to the left (step right forward, turn ½ turn left, taking weight on left and repeat) and then hold briefly to restart the dance.

Contact - [dancingwithpatti@yahoo.com](mailto:dancingwithpatti@yahoo.com)

Last Revision - 22nd November 2012