

That Old Country Music

COPPER **NOB**
BY STEPHEN HETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Lorna Mursell (UK) & Roz Chaplin (UK) - October 2012
音乐: Country Music - Kurt Nilsen : (CD: Rise to The Occasion)



TOUCH CROSS X 2, RIGHT SIDE ROCK, BEHIND SIDE CROSS

1-2 Touch right toe to side, cross right over left
3-4 Touch left toe to side, cross left over right
5-6 Rock right to right side, recover weight to left
7&8 Cross right behind left, step left to left side, cross right over left

WALK, FORWARD, MAMBO FORWARD, WALK BACK, COASTER STEP

1-2 Walk forward left, walk forward right
3&4 Rock forward on left, recover onto right, step left beside right
5-6 Walk back right, walk back left
7&8 Step back on right, step left beside right, step right forward

ROCK, RECOVER, 1 ½ TURN TO LEFT, LEFT KICKBALL CHANGE

1-2 Rock forward left, rock back onto right
3-4 Make ½ turn left stepping onto left, step back on right making ½ turn left
5-6 Step forward onto left making ½ turn left, step forward right (6)
7&8 Kick left forward, step left beside right, step right in place

SWAY, SWAY, SAILOR ¼ TURN, WALK, WALK, KICK, OUT, OUT

1-2 Rock left to left side using hips, rock right to right side using hips
3&4 ¼ turn left crossing left behind right, step right to right side, step forward on left (3)
5-6 Walk forward right, walk forward left
7&8 Kick right to right side, step right out to right side, step left out to left side

RIGHT & LEFT HEEL FORWARD, SIDE, COASTER STEP

1-2 Touch right heel forward, touch right heel to right side
3&4 Step back on to right, step left beside right, step right forward
5-6 Touch left heel forward, touch left heel to left side
7&8 Step back on to left, step right beside left, step left forward

CROSS ROCK, CHASSE, FORWARD ROCK, SHUFFLE ½ TURN

1-2 Cross rock right over left, recover onto left
3&4 Step right to right side, close left beside right, step right to right side
5-6 Rock forward on left, recover onto right
7&8 Shuffle ½ turn stepping – left, right, left (9)

Restart Here - wall 2

JAZZ BOX, FORWARD ROCK, RECOVER, COASTER STEP

1-2 Cross right foot in front of left, step back on left
3-4 Step right foot to right side, step left next to right
5-6 Rock forward on right, recover on to left
7&8 Step back on to right, step left beside right, step right forward

LEFT CHASSE, BACK ROCK, SIDE TOUCHES

1&2 Step left to left side, close right beside left, step left to left side
3-4 Rock back on right, recover onto left

Restart Here - wall 5

5-6 Step right to right side, touch left beside right
7-8 Step left to left side, touch right beside left
