

Rumba Shuffle

拍数: 32 墙数: 4 级数: Easy Intermediate
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The dance starts on vocals

Section 1. Rock, Recover, Back Lockstep, Rock, Recover, Forward Lockstep

1 – 2 Step/rock R forward, recover on L
3 & 4 Step R backward, cross L over R, step R backward
5 – 6 Step/rock L backward, recover on R
7 & 8 Step L forward, cross R behind L, step L forward

Section 2. Rock, Recover, Cross Shuffle, Rock, Recover, Cross, ¼ Turn, Forward

1 – 2 Step/rock R to right side, recover on L
3 & 4 Cross R over L, step to left side, cross R over L
5 – 6 Step/rock L to left side, recover on R
7 & 8 Cross L behind R, turn ¼ right step R forward, step L forward

** Restart here on wall 6

Section 3. Pivot ½ Turn, Lockstep ½ Turn, (R/L) Sweep, Coaster Step

1 – 2 Step R forward, turn ½ left step L forward
3 & 4 Turn ½ left stepping back on R, cross L over R, step R backward
5 – 6 Sweep L backward making half circle and step behind R, sweep R backward making half circle and step behind L
7 & 8 Step L backward, step R beside L, step L forward

Section 4. Side, Together, Forward Lockstep, Side, Together, Coaster Step

1 – 2 Step R to right side, step L beside R
3 & 4 Step R forward, cross L behind R, step R forward
5 – 6 Step L to left side, step R beside L
7 & 8 Step L backward, step R beside L, step L forward

REPEAT

TAG AND RESTART

TAG: There is 4 count TAG after wall 2 as follows:

JAZZ BOX

1 – 2 Cross R over L, step back on L
3 – 4 Step R to right side, step L forward

RESTART: On wall 6, do the dance until 16 counts only, then restart the next wall from the beginning