

A Country Man

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Willy Sharp (AUS) & Robo Lockwood - October 2012
音乐: What It Takes to be a Country Man - Erica Sunshine Lee : (Album: The Walk of Shame - iTunes)



Start with weight on L.

[1-8] CHARLESTON STEP

1-2 Right foot swings forward, touch R toe fwd. (2 counts)
3-4 Right foot swings back, stepping back on Right (2 counts)
5-6 Left foot swings back, touch L toe back.
7-8 Left foot steps fwd.

[9-16] CROSS TAP, HITCH, STEP, HITCH, CROSS TAP, HITCH, STEP, SWIVET ¼ RIGHT, ½ LEFT, HEEL STRUTS

1&2&3&4 Tap R across L, Hitch R, Step R, Hitch L, Tap L across R, Hitch L, Step L step beside R,
5&6 Swivet ¼ R weight on heel of R foot and ball of L foot turn ¼ right, Swivet ½ transfer weight
 to R ball and left heel turn ½ left (weight on left foot)
7&8& R heel strut, L heel strut

[17-24] BACK, BACK, BACK HITCH, BACK BACK, BACK HITCH

1,2,3,4 Step R back, Step L Back, Step R Back, Hitch L
5,6,7,8 Step L back, Step R Back, Step L Back, Hitch R *

[25-32] VINE RIGHT, HEEL HITCHES

1,2,3,4 Step R to side, Step L behind R, Step R to R side, Touch L to R instep
5,6,7,8 Touch L heel 45, Hitch L knee and slap with left hand (Repeat 5-8)*

[33-40] VINE LEFT, HEEL HITCHES

1,2, 3,4 Step L to side, Step R behind L, Step L to L side, Touch R to L instep
5,6,7,8 Touch R heel 45, Hitch R knee and slap with right hand (Repeat 5-8)

[41-48] JAZZ BOX HOLD, JAZZ BOX ¼ LEFT HOLD

1,2, 3,4 Step R in front L, Step L back, Step R to side, hold
5,6,7,8 Step L in front R, Step R back, Step L to side turning 1/4, hold

Begin again!

TAGS 1 & 2 (5 beats) (facing 12 o'clock) beat 24, wall 2 and 4 * SIDE, BEHIND ¼, HEEL, HITCH

1, 2, 3 Step L to side, Step R behind, Step L to side turning ¼ left
4,5 Touch R heel 45, Hitch R knee and slap with right hand

RESTART 8th wall facing 6 o'clock, dance first 16 steps and restart

FINISH Dance beats 7 and step left together facing the front

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