How Far To Waco (P)



拍数: 64 墙数: 0 级数: Intermediate Partner

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音乐: How Far To Waco - Ronnie Dunn



Position Right Open Promenade Facing L.O.D. Same steps unless stated

Intro 32 counts

Traduction Robert Martineau, ajouté sur le site le 14 juillet 2011

[1-8] M: 1/4 Turn, Touch, Shuffle 1/4 Turn, Walk, Walk, Shuffle Fwd,

[1-8] W: 1/4 Turn, Touch, Shuffle 1/4 Turn, 1/2 Turn, 1/2 Turn, Shuffle Fwd,

1-2 M: LF, left ¼ turn - Point R beside left foot
1-2 W: RF, right ¼ turn - Point L beside right foot

3&4 M: Shuffle RF, LF, RF, right ¼ turn 3&4 W: Shuffle LF, RF, LF, left ¼ turn Woman passes under man's right arm and left arm

5-6 M: LF forward, RF forward

5-6 W: RF back, left 1/2 turn - LF forward, left 1/2 turn

Return to Right Open Promenade, face L.O.D.Position

7&8 M : Shuffle LF, RF, LF, forward 7&8 W : Shuffle RF, LF, RF, forward

[9-16] Side, Behind 1/4 Turn, Triple Step, Cross Shuffle, Step, Pivot 1/2 Turn,

Woman passes in front of man under his right arm and under his left arm

1-2 M: RF on right – Cross left foot behind right, left ¼ turn
 1-2 W: LF on left - ,cross right foot behind left, right 1/4 turn

Man faces I.L.O.D. and woman faces O.L.O.D.

Double Hand Hold Position

3&4 M: Triple Step RF, LF, RF, in place3&4 W: Triple Step LF, RF, LF, in place

5&6 M : Cross LF in front RF - RF on right – cross LF in front RF
 5&6 W : Cross RF in front of LF - LF on left – Cross RF in front LF

Release hands

7-8 M: RF forward - Pivot 1/2 turn to the left
7-8 W: LF forward - Pivot 1/2 turn to the right
Back to back, Man facing O.L.O.D. and woman facing I.L.O.D.

[17-24] Cross Shuffle, Step, Pivot 1/2 Turn, Samba Steps, Samba Steps,

1&2 M: Cross RF in front of LF – LF to the left – cross RF in front of LF
 1&2 W: cross LF in front of RF – RF to the right – cross LF in front of RF

3-4 M: LF forward - Pivot 1/2 turn to the right
 3-4 W: PD devant - Pivot 1/2 turn to the left

Both partners get closer, Man facing I.L.O.D and woman facing O.L.O.D.

5&6 M: Cross LF in front RF - RF on right - LF beside RF
 5&6 W: cross RF in front of LF - LF on left- RF beside of LF
 7&8 M: Cross RF in front of LF - LF on LEFT - RF beside LF
 7&8 W: cross LF in front of RF - Rf on right- LF beside RF

Double Hand Hold position

[25-32] Walk, Walk, Shuffle 1/4 Turn, Step, Touch, Back, Touch, Release Left hand of the man and the woman's Right hand.

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M: LF forward - RF forward
1-2
1-2
                W: RF forward - LF forward
3&4
                M: Shuffle LF, RF, LF, right 1/4 turn
3&4
                W: Shuffle RF, LF, RF, left 1/4 turn
Position Right Open Promenade, facing L.O.D.
               M: RF forward - Point LF beside RF
5-6
5-6
                W: LF forward - Point RF beside LF
7-8
                M: LF behind - Point RF beside LF
               W: RF behind - Point LF beside RF
7-8
[33-40] Shuffle 1/4 Turn, Step, Pivot 1/2 Turn, Shuffle Fwd, 1/4 Turn, Step,
Woman's passes under right hand of the man then under his left hand.
1&2
                M: Shuffle RF, LF, RF, 1/4 to the right
1&2
                W: Shuffle LF, RF, LF, 1/4 to the left
Man facing O.L.O.D. and woman facing I.L.O.D.
3-4
               M: LF forward- Pivot 1/2 turn to the right
3-4
                W: RF forward - Pivot 1/2 turn to the left
Man facing I.L.O.D. and woman facing O.L.O.D.
Keep arms up and the woman passes under the arms up
5&6
                M : Shuffle LF, RF, LF, moving forward
5&6
               W: Shuffle RF, LF, RF, moving forward
7-8
                H: RF, 1/4 turn to the right - LF forward
7-8
                W: LF, 1/4 turn to the left - RF forward
Right Open Promenade, facing L.O.D. Position
[41-48] Kick Ball Change, Step, Touch, Kick Ball Change, Step, Touch,
                M: Kick RF forward - RF beside LF - LF forward
1&2
1&2
                W: Kick LF forward - LF beside RF - RF forward
                M: RF forward - Point LF beside RF
3-4
                W: LF forward - Point RF beside LF
3-4
                M: Kick LF forward - LF beside RF - RF forward
5&6
5&6
                W: Kick RF forward - RF beside LF - LF forward
7-8
                M: LF forward - Point RF beside LF
7-8
               W: RF forward - Point LF beside RF
[49-56] Side Shuffle, Cross Rock Step, Shuffle 1/4 Turn, Step, Pivot 3/4 Turn,
Woman passes behind the man to change side
Release Right hand of man and Left hand of the woman
1&2
                M: Shuffle RF, LF, RF, going to the right side
1&2
                W: Shuffle LF, RF, LF, going to the left side
Retake the right hand of the woman with the left hand of the man
3-4
                M: Rock on LF crossing in front of RF - return on RF
3-4
                W: Rock on RF crossing in front LF - return on LF
5&6
                M: Shuffle LF, RF, LF, 1/4 turn to the left
5&6
                W: Shuffle PD, LF, RF, 1/4 turn to the left
Man facing I.L.O.D. and woman facing O.L.O.D.
Woman's passes under Left hand of the man then under his right hand
7-8
                M: RF forward - Pivot 3/4 turn to the left
7-8
               W: LF forward - Pivot 3/4 turn to the right
Right Open Promenade, facing L.O.D. Position
[57-64] Rock Step, Coaster Step, Shuffle Fwd, Step, Touch.
                M: Rock RF forward - return on LF
1-2
1-2
               W: Rock LF forward - return on RF
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Woman's passes under right hand of the man then under his left hand.

3&4	M : RF behind – LF beside RF – RF forward
3&4	W : LF behind – RF beside LF – LF forward
5&6	M : Shuffle LF, RF, LF, going forward
5&6	W : Shuffle RF, LF, RF,going forward
7-8	M : RF forward – Point LF beside RF
7-8	W : LF forward – Point RF beside LF

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