

Eagle Rock

拍数: 32 墙数: 4 级数: Beginner - Improver
编舞者: Pamela Ahearn (AUS) - September 2011
音乐: Eagle Rock - Daddy Cool : (Album: Daddy Who Daddy Cool)



TWO level line dance: Beginner, 32 counts, 4 walls / Improver, 64 counts, 2 walls

Start dancing just before lyrics.

RIGHT TOE STRUT, LEFT TOE STRUT, RIGHT VINE, TOUCH

1,2,3,4 Touch R toe fwd, drop R heel to floor, touch L toe fwd, drop L heel to floor
5,6,7,8 Step R to right side, cross L behind R, step R to right side, touch L beside R

LEFT TOE STRUT, RIGHT TOE STRUT, LEFT VINE, TOUCH

1,2,3,4 Touch L toe fwd, drop L heel to floor, touch R toe fwd, drop R heel to floor
5,6,7,8 Step L to left side, cross R behind L, step L to left side, touch R beside L

STEP FWD, TOUCH, ¼ TURN, TOUCH X 2

1,2,3,4 Step R fwd, touch L beside R (clap), turning ¼ left step L to left, touch R beside L (clap)
5,6,7,8 Step R fwd, touch L beside R (clap), turning ¼ left step L to left, touch R beside L (clap)

¼ TURN SHUFFLE, ROCK BACK/ FWD, ½ TURN SHUFFLE, ROCK BACK/ FWD

1,2,3,4 Shuffle to right turning ¼ left step R,L,R, rock/step back on L, rock fwd on R
5,6,7,8 Shuffle fwd turning ½ right step L,R,L, rock/step back on R, rock fwd on L

BEGINNERS - REPEAT COUNTS 1 - 32

RIGHT TOE STRUT, LEFT TOE STRUT, WEAVE LEFT, ¼ TURN

1,2,3,4 Touch R toe fwd, drop R heel to floor, touch L toe fwd, drop L heel to floor
5,6,7,8 Step R across L, step L to left side, cross R behind L, ¼ turn left step L fwd

STEP R FWD, HOLD, HEEL SWIVELS, STEP R BACK, HOLD, HEEL SWIVELS

1,2,3,4 Step R fwd, hold, (weight on balls of feet) swivel R & L heels out then back to centre
5,6,7,8 Step R back, hold, (weight on balls of feet) swivel R & L heels out then back to centre

ROCKING CHAIR, SIDE ROCK, RECOVER, ROCK BACK/FWD

1,2,3,4 Rock/step fwd on R, rock back on L, rock/step back on R, rock fwd on L
5,6,7,8 Rock/step R to right side, recover on L, rock/step back on R, rock fwd on L

½ TURN SHUFFLE, ROCK BACK/FWD X 2

1,2,3,4 Shuffle fwd turning ½ left step R, L, R, rock/step back on L, rock fwd on R
5,6,7,8 Shuffle fwd turning ½ right step L, R, L, rock/step back on R, rock fwd on L

IMPROVERS – REPEAT COUNTS 1 - 64

Ending: Dance to count 28* then shuffle fwd turning ¼ right step L,R,L, (facing front) rock/step back on R, rock fwd on L, step R together.

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