

# Numb

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Dwight Meessen (NL) - October 2012  
音乐: Numb - Usher



Start dancing from 39 seconds from the clip.

## R Side, L Touch, L ¼ Monterey Turn(left), L Kick, L Ball, R Step, L Rock Forward, R Recover

- 1-2            Step R to Right side / Touch L next to R  
3-4            Touch L to left side / step left by right while making ¼ turn left on ball of right (Facing 9 o'clock)  
5&6           Kick forward with L / Step ball of left to left side (&) / Step R forward  
7-8            Rock L forward / Recover weight on R

## L Shuffle ½ Turn(left), R ½ Pivot Turn(left), R Kick, R Ball, L Step, R Rock Forward, L Recover

- 1&2            Step L ½ turn(left)back(Step L forward) / Step R next to L (&) / Step L forward (Facing 3 o'clock)  
3-4            Step R forward / Pivot ½ turn Left ( Facing 9 o'clock)  
5&6            Kick forward with R / Step ball of right to right side (&) / Step L forward  
7-8            Rock forward on Right / Recover weight on L

Restart wall 2(facing 9 o'clock) Restart dance from beginning at this point

Restart wall 6(Facing 9 o'clock) Restart dance from beginning at this point

## R ½ Step(right),L Lock, R Step, L Step, R Lock, L Step, R Touch Right , R Touch, R Rock Back, L Recover

- 1&2            Step R ½ turn(right)back(Step R forward) / Lock L behind R (&) / Step R forward (Facing 3 o'clock)  
3&4            Step L forward / Lock R behind L (&) / Step L forward  
5-6            Touch R to right side / Touch R next to L  
7-8            Rock back on R / Recover weight on L

## R Rock Forward, L Recover, R ½ Turn Right, L Step forward, R ½ Turn Left, L ½ Turn Left, R ¼ Pivot Turn Left

- 1-2            Rock forward on R / Recover weight on L  
3-4            Step R ½ Turn(right)back(Step R forward) / Step forward on L (Facing 9 o'clock)  
5-6            Step R ½ turn(left)back (Facing 3 o'clock) / Step L ½ turn (left)forward (Facing 9 o'clock)  
7-8            Step forward on R / Pivot ¼ turn Left (Facing 6 o'clock)

## R Cross, L Side, R Sailor with heel touch, L Cross, R Side, L Sailor with heel touch,

- 1-2            Cross R over L / Step L to left side  
3&4            Cross R behind L / Step L next to R (&) / Touch R heel to right diagonal  
&5-6           Step R in place (&) / Cross L over R / Step R to right side  
7&8            Cross L behind R / Step R next to L (&) / Touch L heel to left diagonal

## L ball, R Cross, L ¼ Turn Right, R Shuffle Back, L Rock Back, Recover, L Shuffle Forward

- &1-2           Step L in place on ball (&) / Cross R over L / Step ¼ turn (right) on L (Facing 9 o'clock)  
3&4            Step R behind / Step L next to R (&) / Step R behind  
5-6            Rock back on L / Recover weight on R  
7&8            Step forward on L / Step R next to L (&) / Step forward on L

## R Step Forward, L ½ Turn Right, R Shuffle Back, L Rock Back, Recover, L Rock Forward, Recover

- 1-2            Step forward on R / Step L ½ turn(right) back (Facing 3 o'clock)  
3&4            Step back on Right / Step L next to R (&) / Step back on Right  
5-6            Rock back on L / Recover weight on R

7-8 Rock forward on L / Recover weight on R

**Step L to Left, Touch, Step R to Right, Touch, L Coaster Step, R Pivot ½ Turn Left**

1-2 Step L to left side / Touch R next to L

3-4 Step R to right side / Touch L next to R

5&6 Step back on Left / Step R next to L (&) / Step forward on Left

7-8 Step forward on Right / Pivot ½ turn left (Facing 9 o'clock)

**Restarts:-**

**One Restart during wall 2, after count 16**

**One Restart during wall 6, after count 16**

**Contact - Email: [dwma-dance@hotmail.com](mailto:dwma-dance@hotmail.com)**

**Happy Dancing Always!!!**

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