

Alone With You

COPPER KNOB
BY STEPHEN B. BROWN

拍数: 32 墙数: 4 级数: High Beginner / Low Intermediate
编舞者: Earleen Wolford (USA) - October 2012
音乐: Alone with You - Jake Owen



Start on lyrics, about 16 secs in. - No tags or restarts.

Other music: Beautiful by Akon, Colby O'Donis & Kardinal Offishall (Freedom CD) – use for a quicker upbeat.

LINDY R CHA R/L/R, L CROSS ROCK, RECOVER R, CHA STEP L/R, STEP L FORWARD, STEP R FORWARD W/R HIP SWAY FORWARD & L HIP SWAY BACK

1&2 Step R to R (1), Step L next to R (&), Step R to R (2)
3,4 Cross L over R (3), Recover weight on R (4)
5&6 Step L to L (5), Step R next to L (&), Step L forward (6)
7,8 Step R forward, at same time sway R hip forward (7), Sway L hip back, at same time recover weight on L (8) (12:00)

R STEP LOCK TRAVELING BACK, L STEP LOCK TRAVELING BACK, R MAMBO BACK, RECOVER L, STEP R FORWARD, STEP L FORWARD, PIVOT ¼ TURN R

9&10 Step R back (9), Step L over R (&), Step R back (10)
11&12 Step L back (11), Step R over L (&), Step L back (12)

Note: When doing the above step locks traveling, use balls of your toes & hips, helps with the dance and feel of music.

13&14 Mambo R back (13), Recover on L (&), Step R forward (14)
15,16 Step L forward (15), Turn ¼ L, ending with weight on R (16) (3:00)

Optional: You can do a Flick with your L foot with the ¼ turn L, looks cool/stylish

Please note: to get ready for the next counts below, leave the left toe out to the left side to get ready to do a L toe brush.

BRUSH L TOE, TAP L TOE ACROSS R, L LOCK STEP FORWARD, BRUSH L TOE, TAP R TOE ACROSS L, R LOCK STEP FORWARD

17,18 With weight on R, Brush L toe slightly out to L (17), Tap L across R (18)
19&20 On a slight left diagonal, Step L forward (19), Step R toe slightly behind L (&), Step L forward (20)
21,22 With weight on L, Brush R toe slightly out to R (21), Tap R across L (22)
23&24 On a slight right diagonal, Step R forward (23), Step L toe slightly behind R (&), Step R forward (24) (R takes wt) (3:00)

STEP L FORWARD, STEP R NEXT TO L, L STEP LOCK FORWARD, R STEP PIVOT STEP ½ TURN L, QUICK STEPS FORWARD L,R,L, FLICK R

25,26 Step L forward (25), Step R next to L (26)
27&28 Step L forward (27), Step R toe slightly behind L (&), Step L forward (28) (L takes wt)
29&30 Step R forward (29), Turn ½ turn L, while pivoting on L (&), Step R forward
31&32 Step L forward (31), Step R forward (&), Step L forward, at the same time, flick R foot (32) (L takes wt) (9:00)

Optional: if you don't want to a flick, you will just start the dance from the top

Note: Counts 31&32, are quick steps moving forward, kind of like a little run forward, then flick. Or, you can just do a triple cha step forward, no worries though, just have fun dancin'!

Begin again!

Enjoy my dance & just have FUN doing it to this great song by Jake Owen! "GottaDance"!! And please feel free to use any other music to do my dance, country or non country will work!

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