

Country Pride

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Lisa McCammon (USA) - May 2014
音乐: Too Country and Proud of It - Billy Yates



36 count intro; Start weight on L

Sequence after intro: 32, 32, tag, 32, 16 (restart), 32, tag, 32, 32, 32, tag, 32, 31

[1-8] K STEP

1-4 Step R fwd to R diag, touch L home; step L back to L diag, touch R home

5-8 Step R back to R diag, touch L home; step L fwd to L diag, touch R home

[9-16] RIGHT RUMBA BOX

1-4 Step R to side, close L, step back R, collect L (drag toward R)

5-8 Step L to side, close R, step fwd L, collect R (drag toward L)

[17-24] STEP, LOCK, STEP, HOLD, STEP, TURN ¼ R, CROSS, HOLD

1-4 Step R fwd, lock L behind R taking wt, step R fwd, hold

5-8 Step L fwd, turn ¼ R [3] taking wt onto R, cross step L over R, hold

[25-32] BACK ¼, HITCH, FWD ½, HITCH, RUN, RUN, RUN, RUN

1-2 Turn ¼ L [12] stepping back R, hitch L

3-4 Turn ½ L [6] stepping fwd L, hitch R

5-8 Using small steps, run fwd R, L, R, L (Hint: to transition smoothly from the end to the beginning.)

Try thinking of count 1 of the K step as the 5th little run forward.

Restart: During the 4th rotation facing the back wall. This is easy to hear because there are no lyrics during the 16 counts, and when he starts singing again you will Restart with the K step.

Tag: At the end of 2nd, 5th, and 8th rotations.

You will be facing the front wall for the first two and the back wall for the third.

This is easier than it looks because it fits the music really well.

1, &2&3, 4 Hold, small step back R, touch L heel fwd, step L in place, touch R home, hold

(Hint: The holds will take care of themselves if you hit the beats &2&3 with the ball-heel-ball-touch, RLRL.)

Optional big finish

If you wish, you can end the dance with a big finish at the front wall. The last rotation starts at the front wall when he sings "If you don't like it, you can shove it" during your K step. Dance through counts 25 and 26 (back ¼ L, hitch). You will be facing [12]. Finish the dance there as follows:

3-4 Step L in place, touch R home (do not make the ½ turn hitch)

5, &6&7 Hold, ball-heel-ball-touch (this is the same as the tag); note there is no count 8

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