

Let's Go Steppin'

COPPER KNOB
STEPPING SHEETS

拍数: 48 墙数: 2 级数: Improver
编舞者: Sandra Speck (UK) - October 2012
音乐: Steppin' - Ann & Ray Brett



Music - Free download available from <http://ann-ray-brett.webnode.com/media/>

16 count intro, approx. 7 seconds

LEFT CHASSE ROCK BACK, RIGHT CHASSE ROCK BACK

1&2 Step left to side, close right next to left, step left to side
3 – 4 Rock back on right, recover onto left
5&6 Step right to right side, close left next to right, step right to side
7 – 8 Rock back on left, recover onto right

HIPS L,R,L,R, ROCK BACK RECOVER KICK BALL CROSS

1 – 4 Step left to side as you push hips left, right, left right
5 – 6 Rock back onto left, recover onto right
7&8 Kick left foot forward, step onto ball of left foot, cross right foot over left

***Re-start dance here, wall 5, facing 12 o'clock**

STOMP HOLD, BEHIND SIDE CROSS, LEFT CHASSE, ROCK BACK RECOVER

1 – 2 Stomp left foot to left side, hold for one count
3&4 Step right behind left, step left to side, cross right over left
5&6 Step left to side, close right next to left, step left to side
7 – 8 Rock back on right, recover onto left

STOMP RIGHT HOLD, BEHIND SIDE CROSS, ROCK RIGHT SIDE RECOVER, SAILOR ¼ RIGHT

1 – 2 Stomp right to right side, hold for one count
3&4 Step left behind right, step right to side, cross left over right
5 – 6 Step right to right side, recover onto left
7&8 Step right behind left, turn ¼ right stepping left to side, step right in place

LEFT ROCKING CHAIR, STEP PIVOT ½ RIGHT, LEFT SHUFFLE

1 – 2 Step forward onto left, recover onto right
3 – 4 Step back on left, recover onto right
5 – 6 Step forward onto left, pivot ½ turn right transferring weight to right foot
7&8 Step forward on left foot, close right next to left, step forward on to left

RIGHT ROCKING CHAIR, STEP ¼ LEFT, CROSSING SHUFFLE

1 – 2 Step forward on to right foot, recover on to left
3 – 4 Step back on right, recover on to left
5 – 6 Step forward on to right foot, pivot ¼ left transferring weight to left foot
7&8 Cross right foot over left, step left to side, cross right foot over left

Re-start wall 5, dance up to count 16, start dance again from beginning

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