It Just Takes Time

拍数: 64

级数: Improver

编舞者: Diana Dawson (UK) - October 2012

音乐: It Just Takes Time - Twin Falls Duo: (Album: Twin Falls - on sale at their gigs)

MP3 available, on request, from the choreographer - (by kind permission of Alec & Pete - Twin Falls) Alternative music: any similar 2-step rhythm

Section 1: SIDE. TOGETHER. SHUFFLE FORWARD.

- 1-2-3-4 Step right to right side, hold, step left beside right, hold
- 5-6-7-8 Step forward on right, step left up to right, step forward on right, hold

Section 2: LEFT SIDE, TOGETHER, SHUFFLE BACK

- 1-2-3-4 Step left to left side, hold, step right beside left, hold
- 5-6-7-8 Step back on left, step right beside left, step back on left, hold

Section 3: COASTER STEP, WALK FORWARD x2,

- Step back on right, step left beside right, step forward on right, hold 1-2-3-4
- 5-6-7-8 Walk forward on left, hold, walk forward on right, hold **

Section 4; FORWARD, ROCK, SAILOR 1/4 TURN, SIDE

- 1-2-3-4 Step forward on left foot, hold, rock back onto right foot, hold
- 5-6 1/4 turn left sweeping left back behind right, step right to right side, [9:00]
- 7-8 Long step left to left side, hold (weight on left foot)

Restart: Restart here on Wall 3 facing [3:00]

Section 5: BACK, ROCK, 1/2 TURN SHUFFLE,

- 1-2 Step back on right foot, hold (right shoulder back, preparing for next turn)
- 3-4 Rock forward onto left, hold
- 5-6-7-8 1/2 turn left stepping back on right, step left beside right, step back on left, hold [3:00]

Section 6: BACK, ROCK, 1/4 TURN CHASSE

- 1-2-3-4 Step back on left foot, hold, rock forward onto right foot, hold
- 5-6-7-8 1/4 turn right stepping left to left side, step right beside left, step left to left side, hold [6:00]

Section 7: LONG WEAVE LEFT,

- 1-2 Step right behind left, step left to left side,
- 3-4 Cross step right over left, step left to left side
- 5-6 Step right behind left, step left to left side,
- 7-8 Cross step right over left, hold

Section 8: SIDE, ROCK, WEAVE RIGHT 1/4 TURN

- 1-2 Step left to left side, rock onto right foot,
- 3-4 Cross step left over right, step right to right side
- Step left behind right, make 1/4 turn right stepping forward on right, 5-6
- 7-8 Step forward on left, hold [3:00]

Begin Again

** Note: Music finishes on Wall 10 at the end of Section 3 [9:00]

To finish the dance facing front, replace steps 7-8 of Section 3 with "Pivot 1/4 turn right, hold"

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