Wom Bom Bom



音乐: Bom Bom (Radio Edit) - Sam and the Womp



Start after 16 counts - Around 12 seconds into the track

[1-8] Switches, Kick ball touch, hip bumps

1&2	Touch right toe to right side, switch and touch left toe to left side
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&3&4 Step left next to right, kick right foot forward, step down on right, touch left toe forward

5,6 Bump left hip forward, bump right hip back

7&8 bump hips left, right, left.

[9-16] Rock, sweep, behind side cross, side rock, behind 1/4 turn

12	Rock right foot forward	recover weight onto left while	sweeping right foot back

3&4 Cross right foot behind left, step left to left side, cross right over left

5,6 Rock left foot to left side, recover weight onto right

7&8 Cross left behind right, make a 1/4 turn right and step forward on right, step forward on left

[17-24] Extended lock step, cross rock steps x2

1&2	Step right foot forward, lock left behind right, step right	nt forward
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&3&4 Lock left behind right, step right forward, lock left behind right, step Right forward

5&6 Cross left foot over right, rock right to right side, recover weight onto left

7&8 Cross right over left, rock left to left side, recover weight onto right

[25-32] Step 1/2 turn jump, roll, clap, 2x walks shuffle

1,2 Step forward on left, pivot 1/2 turn right

3,4 Jump both feet forward bending knees and body roll up, clap hands (weight ends on right)

5,6 Walk left, right7&8 Left shuffle

[33-40] Side cross, side-cross-side, cross side, cross shuffle (in a circle)

1,2 Make a 1/4 turn left and step right foot to right side, cross left over right

3&4 Make a 1/4 turn left and step right foot to right side, cross left over right, step right foot to right

side

5,6 Make a 1/4 turn left and cross left foot over right, step right foot to right side

7&8 Left cross shuffle

[41-48] Full turn walking side cross, back rock step forward

1,2	Make a 1/4 turn left and step right foot to right side, cross left over right
3,4	Make a 1/4 turn left and step right foot to right side, cross left over right
5,6	Make a 1/2 turn left and step back on right foot, rock back on left foot

7,8 Recover weight onto right, step forward left

[49-56] Side rock, behind-side-cross, Rock forward, coaster step

1,2 Rock right foot to right side, recover weight on left

3&4 Right behind-side-cross

5,6 Rock forward left, recover right

7&8 Left coaster step

(*Restart on wall 3)

[57-64] Switch & switch body pumps x 2

1&2 Touch right toe forward, switch and touch left toe forward

3&4	Arch back as you sit into right hip, push pelvis up, take weight onto left foot as you pump chest forward
5&6	Pivot a 1/2 turn right and touch right toe forward, switch and touch left toe forward
7&8	Arch back as you sit into right hip, Push pelvis up, take weight onto left Foot as you pump chest forward

*Restart on wall 3 after count 56