

Add 'Em All Up

COPPER KNOB
BY STEPHEN BRETZ

拍数: 64 墙数: 2 级数: Improver
编舞者: Achim La Grange (DE) - September 2012
音乐: Add 'Em All Up - Paul Brandt



Start: On Vocals

RF Kick Fwd. 2 x / Rock Back Recover / Step ½ Turn L 2 x

- 1 – 2 right foot kick forward two times.
- 3 – 4 right foot rock back, recover on left foot.
- 5 – 6 step right forward , turn ½ left, taking weight onto left.
- 7 – 8 step right forward, turn ½ left, taking weight onto left.

Side / Behind / Side / Diagonal Kick / Side / Behind / ¼ Turn L Step L Fwd. / Step Right Together

- 1 – 2 step right to right, Step Left behind right.
- 3 – 4 step right to right, kick left diagonally to right.
- 5 – 6 step left to left, Step right behind left.
- 7 – 8 ¼ Turn left step left forward, step right together. 9 o'Clock

Heel Stand / Back / Together / Swivets Left and Right

- 1 – 2 lift both toes and stand on heels, lower both toes to the floor (weight on right foot),
- 3 – 4 small step back on left foot, step right foot together,
- 5 – 6 weight on left heel and right toe and fan left toe to left as you fan right heel to right, and back to center.
- 7 – 8 weight on right heel and left toe and fan right toe to right as you fan left heel to left, and back to center. (shift weight on right foot)

LF Kick Fwd. 2 x / Rock Back / Step ½ Turn R 2 x

- 1 – 2 Left foot kick forward 2 times.
- 3 – 4 left foot rock back, recover on right foot.
- 5 – 6 step left forward, turn ½ right, taking weight on right.
- 7 – 8 step left forward, turn ½ right, taking weight on right.

Side / Behind ¼ Turn / Kick / Jazz Box Cross

- 1 – 2 step left to left, step right behind left.
- 3 – 4 ¼ turn left step left forward, kick right forward. 6 o'Clock
- 5 – 6 cross right over left, step back on left.
- 7 – 8 step right to right side, cross left over right

Right Step Touch / Toe Touches / Left Step Touch / Toe Touches

- 1 – 2 step right foot to right side, touch left foot beside right.
- 3 – 4 touch left foot to left, touch left foot beside right foot.
- 5 – 6 step left foot to left, touch right foot beside left.
- 7 – 8 touch right foot to right, touch right foot beside left foot.

RF Rock Back / RF Toe Strut Fwd. / LF Toe Strut Fwd / RF Rock Back

- 1 – 2 right foot rock back, recover on left foot.
- 3 – 4 touch right toe forward, drop right heel ,
- 5 – 6 touch left toe forward, drop left heel,
- 7 – 8 right foot rock back, recover on left foot,

R Kick Fwd. / Step Fwd. / L. Kick Fwd. / Step Fwd. / Step Fwd. Right / Step Left Together / Heel Stand

- 1 – 2 right foot kick forward, right foot step forward.

- 3 – 4 left foot kick forward, left foot step forward.
- 5 – 6 step forward on right, step left together.
- 7 – 8 lift both toes and stand on heels, lower both toes to the floor.

Start Over !

Bridge: 8 Counts after walls 2 and 4 (12 O'Clock)

Right Step Touch / Toe Touches / Left Step Touch / Toe Touches

- 1 – 2 step right foot to right side, touch left foot beside right.
- 3 – 4 touch left foot to left, touch left foot beside right foot.
- 5 – 6 step left foot to left, touch right foot beside left.
- 7 – 8 touch right foot to right, touch right foot beside left foot.

Ending:

RF Kick Fwd. 2x / Rock Back / Right Step / Left Touch / Left Long Step / Right Touch

- 1 – 2 right foot kick forward two times.
- 3 – 4 right foot rock back, recover on left foot.
- 5 – 6 step right foot to right side, touch left foot beside right.
- 7 – 8 long step left, touch right next to left.

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