

Advice

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Dee Musk (UK) - September 2012
音乐: Advice - Christina Grimmie : (Album: Find Me. - iTunes)



32 Count Intro. Approx 15 seconds - [3 mins 34 secs - 130 bpm]

Walk R, L, Out Out Back, Back Cross, Back Side Cross.

1,2 Walk forward R, walk forward L.
&3,4 Step out on R, step out on L, step back on R.
5,6 Step back on L, cross R over L.
7&8 Step back on L, step R to R side, cross L over R. (12 o'clock).

Monterey ¼ Turn R, Point L and R, Cross. Point, Sailor ½ Turn L Cross.

1,2 Point R to R side, make a ¼ turn R stepping R beside L.
3&4 Point L to L side, step L beside R, point R to R side.
5,6 Cross R over L, point L to L side.
7&8 Making a ½ turn L step L behind R, step R to R side, cross step L over R. (9 o'clock).

¼ Turn R, ½ Turn R with L Sweep, Shuffle Forward, Touch & Heel & Walk R, L.

1,2 Make a ¼ turn R stepping forward on R, turn a ½ turn R on the ball of R whilst sweeping L round to beside R. (Weight remains on R).
3&4 Shuffle forward stepping L, together R, step forward L.
5&6& Touch R beside L, step down on R, touch L heel forward, step L beside R.
7,8 Walk forward R, walk forward L. (6 o'clock).

**** Restart – During wall 10, begin again facing 9 o'clock wall.**

R Crossing Samba. L ¼ Turn Crossing Samba, Step, Step Pivot ½ Turn R, Back Together.

1&2 Cross R over L, rock L to L side, recover weight to R.
3&4 Cross L over R, make a ¼ turn L rocking R to R side, recover weight to L.
5-7 Step forward on R, step forward on L, make a ½ turn R keeping weight back on L.
8& Step back on R, step L beside R. (9 o'clock).

Tag 1 - End of wall 3 facing 3 o'clock wall dance the following then begin again facing 3 o'clock.

1-4 Step forward on R, touch L beside R, step back on L, touch R beside L.

Tag 2 - End of wall 4 facing 12 o'clock wall dance the following then begin again facing 6 o'clock.

1-8 Step forward on R, touch L beside R, step back on L, touch R beside L. Step forward on R, step forward on L, make a ½ turn R, step forward on L.

Restart - During wall 10 (which starts on the 3 o'clock wall) dance up to and including count 24, Then begin again facing 9 o'clock.

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