

Glad All Over

拍数: 64 墙数: 2 级数: Phrased Beginner / Improver
编舞者: Gary Lafferty (UK) - September 2012
音乐: Glad All Over - The Dave Clark Five : (Album: The Hits - iTunes)



Dance Sequence: ABABAABAABA (Section B is the chorus)

SECTION A - 32 counts

[DIAGONAL] STEP , LOCK , STEP , SCUFF ; GRAPEVINE to LEFT with BRUSH

- 1-2 Step diagonally-forward Right on Right foot , lock-step Left foot behind Right
- 3-4 Step diagonally-forward Right on Right foot , brush Left foot forward
- 5-6 Step to Left on Left foot , cross-step Right foot behind Left
- 7-8 Step to Left on Left foot , brush Right foot across Left

CROSS-ROCK , SIDE , HOLD ; CROSS-ROCK , SIDE , HOLD

- 1-4 Cross-rock Right foot over Left , recover weight onto Left foot , step to Right on Right foot , hold
- 5-8 Cross-rock Left foot over Right , recover weight onto Right foot , step to Left on Left foot , hold

JAZZBOX with CROSS-STEP into a WEAWE

- 1-2 Cross-step Right foot over Left , step back on Left foot
- 3-4 Step to Right on Right foot , cross-step Left foot over Right
- 5-6 Step to Right on Right foot , cross-step Left foot behind Right
- 7-8 Step to Right on Right foot , cross-step Left foot over Right

½ MONTEREY TURN ; HEEL-TOUCHES (RIGHT then LEFT)

- 1-2 Point Right foot out to Right side, turn ½ Right stepping down onto Right foot beside Left
- 3-4 Point Left foot out to Left side , step onto Left foot beside Right
- 5-6 Touch Right heel forward , step on Right foot beside Left
- 7-8 Touch Left heel forward , step on Left foot beside Right

Note – on the last wall, you can do a 2nd Monterey turn [instead of the heel touches] for a big finish facing the front

SECTION B - 32 counts

STOMP , STOMP , STOMP , HOLD ; ROCKING CHAIR

- 1-4 Stomp Right foot slightly forward , stomp Left foot slight forward , stomp Right foot slightly forward , hold
- 5-6 Rock forward on Left foot , recover weight back onto Right foot
- 7-8 Rock back on Left foot , recover weight onto Right foot

STOMP , STOMP , STOMP , HOLD ; ROCKING CHAIR

- 1-4 Stomp Left foot slightly forward , stomp Right foot slight forward , stomp Left foot slightly forward , hold
- 5-6 Rock forward on Right foot , recover weight back onto Left foot
- 7-8 Rock back on Right foot , recover weight onto Left foot

STEP , ½ TURN , STEP , HOLD ; SIDE-ROCK , RECOVER , CROSS , POINT

- 1-3 Step forward on Right foot , pivot ½ turn to Left , step forward on Right foot , hold
- 5-6 Rock to Left on Left foot , recover weight onto Right foot
- 7-8 Cross-step Left foot over Right (moving slightly forward) , point Right foot out to Right side

CROSS , POINT , CROSS , POINT ; JAZZBOX with ½ TURN

- 1-2 Cross-step Right foot over Left (moving slightly forward) , point Left foot out to Right side
- 3-4 Cross-step Left foot over Right (moving slightly forward) , point Right foot out to Right side
- 5-6 Cross-step Right foot over Left , turn $\frac{1}{4}$ Right stepping back on Left foot
- 7-8 Turn $\frac{1}{4}$ Right stepping forward onto Right foot , step on Left foot beside Right

**Whenever you hear them sing “And I’m Feeling ...” during the heel touches at the end of section A,
The next bit of the song is going to be “Glad All Over” (the chorus) ... that’s when you do Section B**

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