

March of The Mods

拍数: 16 墙数: 4 级数: Contra - fun dance
编舞者: Julie Davies (UK) - September 2012
音乐: March of the Mods - Joe Loss : (2:05)



(Alternative track for a slower funkier feel – Try "My Heart Skips A Beat by Ollly Murs")

8 count intro - Start in opposite lines – facing a gap so you can slap hands with both people either side of you as you walk forward.

SECTION ONE: POINT, CLOSE, POINT, CLOSE, HEEL, CLOSE, HEEL, CLOSE

- 1,2,3,4 Point your right toe to right side, then close next to left, point your left toe to left side then close next to right.
- 5,6,7,8 Dig your right heel forward, then close next to left, dig your left heel forward then close next to right.

SECTION TWO: WALK 2, 3, KICK, BACK 2, TURN (QUARTER LEFT), TOUCH.

- 1,2,3,4 Walk forwards right, left, right, kick the left foot forwards and slap hands with the two people either side of you as they walk towards you. (on first wall and every time you are walking towards people)

NOTES: on walls 2 and 4 you will be in line with the people standing next to you – place your hands on the shoulders of the person in front and leave out the slaps!!

- 5,6,7,8 Walk backwards left, right, then make a quarter turn LEFT on count 7 and touch right next to left to start the dance again.

Simple!

Feel free to add any extras to this dance if you want, the choreographer really doesn't mind – its only linedancing!!

SUGGESTION: you could hold hands with the people next to you on the first wall then raise your hands up with a WOOOO instead of slapping the opposite row!

Have fun!
