

Look Back

拍数: 60 墙数: 4 级数: Phrased Intermediate
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音乐: Look Back by De Robbie Masters



Info: Start op zang

Sequence: AA-B Right and left feet-Tag-AA-B Right and left feet -Tag -AA-B right and left feet B right and left feet-End

A - 24 counts

Mambo r, Lockstep back, Mambo back, Lockstep front.

1 RF rock to the front
& Rock back on LF
2 RF step backwards
3 LF step backwards
& RF cross in front of LF
4 LF step backwards
5 RF rock backwards
& Rock back on LF
6 RF step forward
7 LF step forward
& RF cross behind LF
8 LF step forward

Toe strut ½ left, Toe strut ½ left, Pivot ½ turn left, Step, Hold.

1 R toe step ½ turn left
2 RF put heel down
3 L toe step ½ turn left
4 LF put heel down
5 RF step forward
6 RF + LF ½ turn left
7 RF step forward
8 Hold

Run, Run, Run, Hold, Monterey turn ¼ turn Right.

1 LF run
2 RF run
3 LF run
4 Hold
5 RF touch to the side
6 RF ¼ turn right step next to LF
7 LF touch to the side
8 LF step next to RF

B - 36 counts

Toe strut, Cross strut, ¼ shuffle, Mambo left.

1 RF step on toe (Look over right shoulder)
2 RF heel down (Look over left shoulder)
3 LF Step on toe cross over RF
4 LF heel down (Look over Left shoulder)
5 RF step ¼ turn right forward
& LF step next to RF

- 6 RF step forward
- 7 LF rock forward
- & Rock back on RF
- 8 LF step backwards

Coaster step, Pivot ½ right, Step, Pivot full turn left, Mambo step.

- 1 RF step backwards
- & LF step next to RF
- 2 RF step forward
- 3 LF step forward
- & LF + RF ½ turn right
- 4 LF step forward
- 5 RF ½ turn left
- & LF step next to RF
- 6 RF ½ turn left
- 7 LF rock forward
- & Rock back on RF
- 8 LF step backwards

Coaster step.

- 1 RF step backwards
- & LF step next to RF
- 2 RF step forward

Do B again but then start with your left feet.

Tag:

- 1 RF step forward
- & RF + LF ½ turn left
- 2 Rf step forward
- 3 LF rock forward
- & Rock back on RF
- 4 LV step backwards

To end to the front wall: Dance b till the end than Step RF forward ½ turn left
