

Green Allstar

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Lisen Brixvi (SWE) - August 2012
音乐: All Star - Smash Mouth



WALK, WALK, SHUFFLE, ROCKSTEP, SHUFFLE ½ LEFT

1-2 Step right forward, step left forward
3&4 Step right forward, step left next to right, step right forward
5-6 Rock forward on left, recover weight to right
7&8 Shuffle ½ left stepping left, right, left (6:00)

¼ TURN LEFT, STEP, BEHIND, SIDE, CROSS, STEP, BACKROCK, CHASSE

1 Turn ¼ left and step right to side (3:00)
2&3 Cross left behind right, step right to side, cross left over right
4 Step right to side
5-6 Rock left behind right, recover weight to right
7&8 Step left to left, close right next to left, step left to left

POINT, STEP, SAILOR ¼ LEFT, HIPBUMP ¼ LEFT, SAILORTURN ¼ LEFT

1-2 Cross-point right over left, step right to right
3&4 Cross left behind right, turn ¼ left and step right beside left, step left forward (12:00)
5-6 Touch right forward and bump right hip, turn ¼ left as you step down on right (9:00)
7&8 Cross left behind right, turn ¼ left and step right beside left, step left forward (6:00)

KICK-STEP-POINT, KICK-STEP-POINT, JAZZBOX ¼ RIGHT

1&2 Kick right forward, step right forward, point left to left
3&4 Kick left forward, step left forward, point right to right (make a restart here on wall 6)
5-6 Cross right over left, step left back
7-8 Turn ¼ right and step right forward, step left forward (9:00)

REPEAT

Restart: after 28 counts on wall 6.

Enjoy and have fun!!

There is lots of room for fun in this dance ;-)