拍数： 64
燷数： 4
级数：High Intermediate
编舞者：Jo Rosenblatt（AUS）－September 2012
音乐：Poster Girl－Beccy Cole
（for Leah and Jeska－her Poster Girl）
Start： 16 count Introduction
Rocking Chair with Body Turn，Fwd Rock，Recover，Coaster
1－4 Rock forward on R，Recover back onto L，Rock back onto R，Recover onto L
（Let your hands follow your feet on the Rocking Chair，and as you rock back onto R，turn your body to face 3 o＇clock and float your hands to the back wall．）
$567 \& 8 \quad$ Rock forward on R，Recover onto L，Step R back，Step L beside R，Step R forward（12）
Rocking Chair with Body Turn，Fwd Rock，Recover，Coaster
1－4 Rock forward on L，Recover back onto R，Rock back onto L，Recover onto R to face fwd （Let your hands follow your feet on the Rocking Chair，and as you rock back onto L，turn your body to face 9 o＇clock and float your hands to the back wall．）
$567 \& 8 \quad$ Rock forward on L，Recover onto R，Step L back，Step R beside L，Step L forward（12）
Cross，Sweep，Cross，Sweep，Cross，Back，Side，Together，Cross
1－2 Step R forward slightly across left，Sweep $L$ out to left side
3－4 Step L slightly forward across right，Sweep R out to right side \＃\＃
$567 \& 8 \quad$ Cross $R$ over left，Step L back，Step R to right，Step L beside right，Cross R over left（12）
Rock， $1 / 4$ turn Shuffle，Sweep，Cross，Step，Behind，Side，Cross
1 2\＆3 4 Rock back onto L，Turning 90？right Shuffle forward RLR，Sweep L over right（3）
$567 \& 8 \quad$ Cross L over right，Step R to right，Step L behind right，Step R to right，Cross L over right

## Side Rock，Sailor Step，Sailor Step，Back Rock

12 3\＆4 Rock out onto R，Recover onto L，Step R behind left，Step L next to right，Step $R$ to right
5\＆6\＆Step L behind right，Step R next to left，Step $L$ to left，Step R beside left
78 Rock R back behind left，Recover onto L（3）
Side Rock，Recover，Cross，Hold，\＆Cross，Hold，\＆Cross， $1 / 4$ Step Back
1－4 Rock R to right，Recover onto L，Cross R over L，Hold．
\＆5 6 Step $L$ to left，Cross R over left，Hold
\＆7 $8 \quad$ Step $L$ to left，Cross $R$ over left，Turning 90？right Step $L$ back（6）
Rock Back，Recover， $3 / 4$ turn，Cross， $3 / 4$ turn，Step Fwd
12 Rock back on R，Recover onto L
34 Turning $1 / 2$ to left step back on $R$ ，Turning $1 / 4$ to left step $L$ to left ${ }^{* * * *}$（9）
$56 \quad$ Cross $R$ over $L$ ，Turn $1 / 4$ to right step $L$ back
78 Turn $1 / 2$ to right step $R$ forward，Step $L$ forward（6）
Forward Rock \＆Forward Rock，Back，Lock，Back，Back Rock，Recover
1 2\＆3 4 Rock forward on R，Recover on L，Step R beside left，Rock forward on L，Recover on R
5\＆6 78 Step Back on L，Lock R over L，Step back on L，Rock Back on R，Recover onto L（6）

RESTARTS：－
＊＊＊＊Walls 1 and Wall 3：Restart after Count 52 at 9 o＇clock and 12 o＇clock respectively
\＃\＃Wall 5：After Count 20 while facing the back wall the music stops for about 2 counts and then you．．．
Restart the dance on the back wall on＂I shook hands ．．．＂

