Poster Girl



拍数: 64 墙数: 4 级数: High Intermediate

编舞者: Jo Rosenblatt (AUS) - September 2012

音乐: Poster Girl - Beccy Cole



(for Leah and Jeska – her Poster Girl)

Start: 16 count Introduction

Rocking Chair with Body Turn, Fwd Rock, Recover, Coaster

1 - 4 Rock forward on R, Recover back onto L, Rock back onto R, Recover onto L

(Let your hands follow your feet on the Rocking Chair, and as you rock back onto R, turn your body to face 3 o'clock and float your hands to the back wall.)

5 6 7&8 Rock forward on R, Recover onto L, Step R back, Step L beside R, Step R forward(12)

Rocking Chair with Body Turn, Fwd Rock, Recover, Coaster

1 - 4 Rock forward on L, Recover back onto R, Rock back onto L, Recover onto R to face fwd (Let your hands follow your feet on the Rocking Chair, and as you rock back onto L, turn your body to face 9 o'clock and float your hands to the back wall.)

5 6 7 8 Rock forward on L, Recover onto R, Step L back, Step R beside L, Step L forward (12)

Cross, Sweep, Cross, Sweep, Cross, Back, Side, Together, Cross

1 - 2 Step R forward slightly across left, Sweep L out to left side

3 – 4 Step L slightly forward across right, Sweep R out to right side ##

5 6 7 8 Cross R over left, Step L back, Step R to right, Step L beside right, Cross R over left(12)

Rock, 1/4 turn Shuffle, Sweep, Cross, Step, Behind, Side, Cross

1 2&3 4 Rock back onto L, Turning 90? right Shuffle forward RLR, Sweep L over right (3)

5 6 7&8 Cross L over right, Step R to right, Step L behind right, Step R to right, Cross L over right

Side Rock, Sailor Step, Sailor Step, Back Rock

1 2 3&4 Rock out onto R, Recover onto L, Step R behind left, Step L next to right, Step R to right

5&6& Step L behind right, Step R next to left, Step L to left, Step R beside left

7 8 Rock R back behind left, Recover onto L (3)

Side Rock, Recover, Cross, Hold, & Cross, Hold, & Cross, 1/4 Step Back

1 - 4 Rock R to right, Recover onto L, Cross R over L, Hold.

&5 6 Step L to left, Cross R over left, Hold

&7 8 Step L to left, Cross R over left, Turning 90? right Step L back (6)

Rock Back, Recover, 3/4 turn, Cross, 3/4 turn, Step Fwd

1 2 Rock back on R, Recover onto L

Turning ½ to left step back on R, Turning ¼ to left step L to left **** (9)

5 6 Cross R over L, Turn ¼ to right step L back

7 8 Turn ½ to right step R forward, Step L forward (6)

Forward Rock & Forward Rock, Back, Lock, Back, Back Rock, Recover

1 2&3 4 Rock forward on R, Recover on L, Step R beside left, Rock forward on L, Recover on R Step Back on L, Lock R over L, Step back on L, Rock Back on R, Recover onto L (6)

RESTARTS:-

**** Walls 1 and Wall 3: Restart after Count 52 at 9 o'clock and 12 o'clock respectively ## Wall 5: After Count 20 while facing the back wall the music stops for about 2 counts and then you... Restart the dance on the back wall on "I shook hands ..."

| FINISH: The dance finishes at the front wall – Step C | ount 16 forward and drag right to tuck behind the left. |
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