

Ring A Ring

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Malene Jakobsen (DK) - September 2012
音乐: Candy - Robbie Williams : (iTunes)



Intro: 16 counts from the beginning, 8 sec. into track - dance begins with weight on L
Restarts: There are 2 restarts, on walls 2 and 4 after 48 counts, you will be facing 12.00 both times

Ps:- Got stuck during writing this, obviously it helped staying at "Ekstrom's Inn" for a few days.

[1-8] Back, back, heel & touch, & point & point, hitch, jazz box

1-2 (1-2) Walk back R, L 12.00
3&4 (3) Dig R heel fwd., (&) step slightly fwd. on R, (4) touch L next to R 12.00
&5&6 (&) Step L next to R, (5) point R to R, (&) step R next to L, (6) point L to L 12.00
&7&8 (&) Hitch L, (7) cross L over R, (&) step back on R, (8) step L to L 12.00

[9-16] Samba step x 2, fwd. rock, 1/2 shuffle

1&2 (1) Cross R over L, (&) rock L to L, (2) recover onto R 12.00
3&4 (3) Cross L over R, (&) rock R to R, (4) recover onto L 12.00
5-6 (5) Rock fwd. on R, (6) recover onto L 12.00
7&8 (7) Turn 1/2 R stepping fwd. on R, (&) step L next to R, (8) step fwd. on R 6.00

[17-24] Point fwd., bounce, ball, point fwd., bounce, out out, ball cross, side, touch, 1/4

1&2 (1) Point L toes fwd., (&2) bounce heels up, down 6.00
& (&) Step L next to R 6.00
3&4 (3) Point R toes fwd., (&4) bounce heels up, down 6.00
&5 (&) Step out on R, (5) step out on L 6.00
&6 (&) Step R next to L, (6) cross L over R 6.00
&7-8 (&) Step R to R, (7) touch L next to R, (8) turn 1/4 L taking weight on L 3.00

[25-32] Side rock, ball, side rock, ball, fwd. rock, 1/2, jump 1/4 with flick

1-2 (1) Rock R to R, (2) recover onto L 3.00
&3-4 (&) Step R next to L, (3) rock L to L, (4) recover onto R 3.00
&5-6 (&) Step L next to R, (5) rock fwd. on R, (6) recover onto L 3.00
7-8 (7) Turn 1/2 R stepping fwd. on R, (8) Make a small jump 1/4 R on R flicking L backwards
12.00

NOTE: Easier option: Hitch L and make a 1/4 turn R on ball of R

[33-40] Step, touch, back, 1/4, point, 1/4, 1/2, shuffle 1/4

1-2 (1) Step fwd. on L, (2) touch R behind L 12.00
&3-4 (1) Step back on R, (3) turn 1/4 L stepping L to L, (4) point R to R 9.00
5-6 (5) Turn 1/4 R stepping fwd. on R, (6) turn 1/2 R stepping back on L 6.00
7&8 (7) Turn 1/4 R stepping R to R, (&) step L next to R, (8) step R to R 9.00

[41-48] Touch, ball cross, big step, drag, ball cross, 1/4, shuffle back

1&2 (1) Touch L next to R, (&) step down on L, (2) cross R over L 9.00
3-4 (3) Step L big step L, (4) drag R towards L 9.00
&5-6 (&) Step R next to L, (5) cross L over R, (6) turn 1/4 L stepping back on R 6.00
7&8 (7) Step back on L, (&) step R next to L, (8) step back on L 6.00

NOTE: Both restarts are here, you'll be facing 12.00 both times

[49-56] Side rock, samba step, cross, side, diagonal shuffle

1-2 (1) Rock R to R, (2) recover onto L 6.00

- 3&4 (3) Cross R over L, (&) rock L to L, (4) recover onto R 6.00
5-6 (5) Cross L over R, (6) step R to R 6.00
7&8 (7) Step L towards L diagonal, (&) step R next to L, (8) step L towards R diagonal 6.00

[57-64] Diagonal shuffle, cross rock, rolling vine

- 1&2 (1) Step R towards R diagonal, (&) step L next to R, (2) step R towards R diagonal 6.00
3-4 (3) Rock L across R, (4) recover onto R 6.00
5-6 (5) Turn $\frac{1}{4}$ L stepping fwd. on L, (&) turn $\frac{1}{2}$ L stepping back on R 9.00
7-8 (7) Turn $\frac{1}{4}$ L stepping L to L, (8) touch R next to L 6.00

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