

# You Alone

COPPERKNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Christina May (UK) - September 2012  
音乐: Alone Again (Original Mix) (feat. Jump Smokers) - Alyssa Reid



Intro 32 counts – after 'This one's for you girl'

**[1-8&] LNC BASIC, ¼ R, ¾ PIVOT R, SIDE L, BEHIND SIDE CROSS ROCK R, BALL SIDE R**

1-2&            Step L to left side, rock back R recover weight to left  
3-4&            Turn ¼ right stepping forward on R, step forward on L, pivot ¾ right  
5-6&            Step L to left side, R behind L, L to left side  
7-8&            Cross rock R over L, recover, R to right side

**[9-16] WALK L R, STEP ½ TURN, PIVOT ½ TURN BACK, ROCK REC BALL STEP, WALK L R**

1-2            Walk forward L R  
3&4            Step forward L ½ turn right, ½ turn right stepping back on L  
5-6&            Rock back R, recover, ball step R  
7-8            Walk forward L R

**\*RESTART – WALL 2 (3 o'c) & WALL 5 (9 o'c)**

**[17-24] L SYNC ROCK, ½ TURN L, R SYNC ROCK ¼ R, STEP PIVOT ½ R, FULL TURN R**

1-2&            L syncopated rock forward, recover, turn ½ left stepping forward on L  
3-4&            R syncopated rock forward, recover, turn ¼ right stepping forward on R  
5-6            Step forward L, pivot ½ turn right  
7&8            Step ½ back on L, turn ½ right stepping forward on R, step forward L

**[25-32] SYNC ROCKS FORWARD & BACK, SIDE ROCK, CROSS FULL UNWIND.**

1-2&            Rock forward R, recover, ball step back on R  
3-4            Rock back L, recover  
5-6            Rock L to left side, recover on R (with sways for styling)  
7-8            Cross L over R unwind full turn right (weight ends on R)

**TAG: Danced once at the end of Wall 7 (facing 3o'c)**

**[1-8] L NC BASIC, R NC BASIC, SIDE ROCK L, BACK ROCK L**

1-2&            Step L to left side, rock back R recover weight to left  
3-4&            Step R to right side, rock back L recover weight to right  
5-6            Side rock L, recover  
7-8            Back rock R, recover

**RESTARTS: Both occur after count 16 on Wall 2 (3o'c) and Wall 5 (9o'c)**

**Ending: The track ends on counts 7-8& - Cross L over R make ½ turn right to face front wall.**

**Last Update: 15 Nov 2022**