

Pontoon

COPPER KNOB
STEPPED

拍数: 32 墙数: 4 级数: High Beginner / Low Intermediate
编舞者: Bev Carpenter (USA) - September 2012
音乐: Pontoon - Little Big Town



WALK, WALK , ANCHOR –DRAG BACKWARD L, R, L, R

1-2-3&4 Walk Fwd R-F (1-2), Rt. Step to Lf. Heel(3), Step Lf. In place(&), Step Rt. Back (4)
5-6-7-8 Drag back L-R-L-R (5-8) making overhead back strokes with Hands & arms r-l-r-l (so when u drag w/ left, use LEFT arm stroke front to back)

SIDE STEP W/TOUCH – SKATE STEPS – 3/4 left PADDLE TURN

1-2-3-4 Lf. Step Lf.(1), Touch Rt. Next to Lf.(2), Skate fwd w/Rt.(3), Skate fwd w/Lf.(4), do right arm breast stroke when doing the Rt. Skate,same w/lf.
&5&6&7&8 Hitch Rt. & make slight Lf. turn(&), Rt. Touch Rt.(5), repeat 3 more Times completing a ¾ turn left. (&6&7&8) During the paddle turns, Hold right hand up and hold nose with left hand like your going under water..... 3:00 wall

****** On 4th and 8th walls (both times at 9:00 wall) you will only do these 16 cts. Which will put you at 12:00 to Restart the dance.**

VAUDEVILLE STEP – 1/4 TURN, 1/2 TURN, 1/4 TURN TRIPLE in PLACE

1-2&3&4 Rt. Step Rt.(1), Left step behind Rt.(2), Rt. Step back(&), Lf. Heel touch fwd(3), Lf. Step back(&), Rt. Cross over Lf.(4)
5-6-7&8 Lf. Step Lf. Making 1/4 Rt.(5), Step back W/Rt. Making 1/2 turn Rt.(6), Make 1/4 turn Rt. & triple in Place L-R-L (completing 1 full turn).

KICKBALL CROSS – SYNCOPATED VINE – STEP TOUCHES W/body ROLL

1&2&3&4 Rt. Kick diag. Rt.(1), Step Rt. Center(&), Lf. X-over Rt.(2), Rt. Step Rt.(&), Lf. Behind Rt.(3), Rt. Step Rt.(&), Lf. X-over Rt.(4)
5-6-7-8 Rt. Step Rt.(5), Lf. Touch beside Rt.(6), Lf. Step Lf. (7), Rt. Touch Beside Lf.(8) you may do right body roll w/touch & left body roll w/touch

Restarts: You will do 1st 16 steps on 4th & 8th walls (9:00) which will put you at 12:00 to Restart Both times. The music breaks real well here and you'll know it's time for a Restart.

Contact: gottadance@rtcol.com