Sugar Blues Shuffle



编舞者: Brian Chadwick (CAN) - September 2012

音乐: Sugar Blues - The London Pops Orchestra : (Album: Solid Gold Instrumental

Hits)



Short intro: 4 counts, Right lead

S1-2: Cuban breaks: right & left

1-4 R cross rock/recover on L, R rock to side/recover on L

5-8 R cross rock/recover on L, R to side, hold

1-4 L cross rock/recover on R, L rock to side/recover on R

5-8 L cross rock/recover on R, L to side, hold

S3: Box forward

1-4 R-side, L-together, R-forward, hold5-8 L-side, R-together, L back, hold

S4: Diagonal forward-lock-forward: right & left

1-4 R fwd diagonally right, lock L behind R, step R fwd, L scuff 5-8 L fwd diagonally left, lock R behind L, step L fwd, R scuff

S5: Step fwd/pivot 1/2 left, shuffle fwd, L rock/recover, shuffle back

1,2,3&4 R step forward, pivot 1/2 left onto L, shuffle fwd: R-L-R 5,6,7&8 L rock forward, recover on R, shuffle back: L-R-L

S6: Sliding Door/cross-shuffles: right & left

1,2,3&4 R side-rock, recover on L, R over L, L side, R over L L side-rock, recover on R, L over R, R side, L over R

S7: Vine: right & left

1-4 R-side, L behind R, R-side, L touch5-8 L-side, R behind L, L-side, R touch

S8: Forward coaster, back coaster

1-4 R forward, step L together, R back, hold5-8 L back, step R together, L forward, hold

S9: 4 side touches

1-4 R step to right side, L touch, L step to left side, R touch 5-8 R step to right side, L touch, L step to left side, R touch

Repeat Dance

Ending: after final 4 side/touches, 4 sways, 7 cnt. R vine/L point/pose

1-4 sway: right, left, right, left

1-8 R-side, L behind, R-side, L over R, R-side, L behind, R-side L point