

California

拍数: 64 墙数: 4 级数: Novice
编舞者: Bernhard Wulff (DE) - September 2012
音乐: Auf nach California - Santiano



Motion: Lilt

[1 – 8] Sailor Step - Sailor turn ¼ - Shuffle - triple full turn

1&2 RF cross behind LF, LF step left side (&), RF step right side
3&4 LF cross behind RF, ¼ turn left RF step right side (&), LF step left side (9.00)
5&6 RF step forward, LF step next to RF (&), RF step forward
7&8 ¼ turn right LF step left side, ½ turn right RF step forward (&), ¼ turn right LF step forward (9.00)

[9 – 16] Rock Step R - Rock Step L – Sidetouches - Heeltouches

9-10 RF step forward, recover LF
&11 RF step next to LF (&), LF step forward,
12 Recover RF
13& Left Toe touch to left side, LF step next to RF (&)
14& Right Toe touch to right side, RF step next to LF (&)
15& Left Heel touch forward, LF step next to RF (&)
16& Right Heel touch forward, RF step next to LF (&)

[17 – 24] Rock Step L - Shuffle ½ turn - shuffle ½ turn - Coaster Step

17-18 LF step forward, recover RF
19&20 ¼ turn left LF step left side, RF step next to LF (&), ¼ turn left LF step left side (3.00)
21&22 ¼ turn left RF step right side, LF step next to RF (&), ¼ turn left RF step right side (9.00)
23&24 LF step back, RF step next to LF (&), LF step forward

[25 – 32] Rocking Chair - Step ¼ Turn left - cross shuffle left

25-26 RF step forward, recover LF
27-28 RF step back, recover LF
29-30 RF step forward, ¼ turn left, change weight to LF (6.00)
31&32 RF cross over LF, LF step left side (&), RF cross over LF

[33 – 40] Step Side - Hell Jacks x3,

33-34 LF step left side, RF cross behind LF
&35 LF step left side (&), Right Heel touch diagonal forward
&36 RF step next to LF (&), LF cross over RF
&37 RF step right side (&), Left Heel touch diagonal forward
&38 LF step next to RF (&), RF cross over LF
&39 LF step left side (&), Right Heel touch diagonal forward
&40 RF step next to LF (&), LF cross over RF

[41 – 48] Side Rock - behind-side-cross - fullturn left - sidechasse left

41-42 RF step right side, recover LF
43&44 RF cross behind LF, LF step side left (&), RF cross over LF
45-46 ¼ turn left LF step side left, ¾ turn left RF step side left (6.00)
47&48 LF step side left, RF step next to LF (&), LF step side left

[49 – 56] Cross Rock - Shuffel ¼ Turn right - Shuffel ½ Turn right - Coaster Step

49-50 RF cross over LF, recover LF

51&52 ¼ turn right RF step side right, LF step next to RF (&), RF step forward (9.00)
53&54 ¼ turn right LF step side left, RF step next to LF (&), ¼ turn right LF step side left (3.00)
55&56 RF step back, LF step next to RF (&), RF step forward

[57 – 64] Walk 2x – Shuffel - Step ½ Turn - Stomp right - Stomp left

57-58 LF step forward, RF step forward
59&60 LF step forward, RF step next to LF (&), LF step forward
61-62 RF step forward, ½ turn left, change weight to LF (9.00)
63-64 RF stomp side left, RF stomp side right

Have Fun.

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