Boogie On



拍数: 48 墙数: 4 级数: Advanced Beginner

编舞者: William Sevone (UK) - September 2012

音乐: I Love to Boogie - T. Rex: (many compilations)



Choreographers note:- Because the dance is performed at HALF TEMPO (2/4 or 89 bpm) and not fully phrased

it is ideal for experienced Advanced Beginners. Only THREE WALLS will be completed.. 48-48-48-34.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts with main vocals

2x Fwd-Together-Side Mambo (12:00)

1 – 2	Step forward	d onto riaht. St	tep left next to right.

- 3& 4 Rock right to right side, recover on left, step right next to left.
- 5 6 Step forward onto left. Step right next to left.
- 7& 8 Rock left to left side, recover on right, step left next to right.

Cross. Kick. Behind-Together-Cross. Kick. Behind. Coaster (12:00)

3 – 10 Ciussingii uvei ieit. Nick ieit diagonally iei	9 – 10	Cross right over left. Kick left diagonally left
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- 11& 12 Cross left behind right, step right next to left, cross left over right.
- 13 14 Kick right diagonally right. Cross right behind left.
- 15& 16 Step backward onto left, step right next to left, step forward onto left.

(see Dance note for section) Forward Short Step Walk (12:00)

17 – 18	weight on toes with knees slightly inward - Step forward onto right. Step forward onto left.

- 19& 20 weight on toes and dip knees Step forward: Right, Left, Right.
- 21 22 straighten up weight on toes with knees slightly inward Step forward onto left. Step forward

onto right.

23& 24 weight on toes and dip knees – Step forward: Left, Right, Left.

Dance note All steps 17-24 are short – straighten up for start of next section (count 25)

Rock. Recover.3x Bwd Scoot-Step (12:00)

25 26	Dook forward	anta rialat	Deserver on left	
25 – 26	Rock forward	onto nant.	Recover on left.	

- 27 28 leaning body to left Hitch right knee & skip/hop backwards on left. Step backward onto right.
- 29 30 leaning body to right Hitch left knee & skip/hop backwards on right. Step backward onto left.
- 31 32 leaning body to left Hitch right knee & skip/hop backwards on left. Step backward onto right.

Dance note raise hands in the air on counts 27,29 and 31

Back. Bwd Toe. 1/4 Side Rock-1/8 Side Rock-1/8 Side Step. Rock Behind. Rec.

Fwd-Lock Step (6:00).

- 33 34 Step backward onto left. Touch/tap right toe backward.
- 35& 36 Turn ½ left & rock right to right side (9), turn 1/8th left & rock onto left (7.30),

turn 1/8th left & step right to right side (6).

- 37 38 Cross rock left behind right. Recover onto right.
- 39& 40 Step forward onto left, lock right behind left, step forward onto left.

Walk:R-L. Fwd-Lockstep. 1/4 Monterey. 3 Toe Taps (3:00)

41 – 42	Walk forward: Right-Left
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- 43& 44 Step forward onto right, lock left behind right, step forward onto right.
- 45 46 Touch left to left side. Turn 1/4 left & step left next to right (slightly back) (3)
- 47& 48 raising right foot each time Tap right foot THREE times.

Dance Finish: The music will start to fade on from count 24 of the 4th wall - facing 9:00.

To finish the dance facing 'Home' simply do the following:

25 – 26 Rock forward onto right. Turn ¼ right & recover on left.

- then continue Section 2 counts 27 to 34 to Finish Dance with both hands raised in the air.

Last Revision - 12th November 2012