

# My Ladies Rhumba

拍数: 32                      墙数: 2                      级数: Beginner  
编舞者: Wanda Heldt (AUS) - September 2012  
音乐: Hear My Song - Bouke



Split floor suggestions [No Tags etc.] Walk On / Amane / Burlesque / Don't say goodbye / Kiss Me Honey / Mexi-Fest / Midnight Mix, / Besame macho / Rio / Walk On

With All Shook Up by Elvis [ A very Easy & FUN 8 ct. \*\*Tag] on Walls 1, 3,6,9  
Dream Lover by Jason Donovan - will fit most music.....

## WALK FORWARD R.L.R., KICK, WALK BACK L.R.L, TOUCH

1-4                      Walk forward Right, Left, Right. Kick Left forward.  
5-8                      Walk back Left, Right, Left, Touch Right next to Left. Tag: on Wall 3, 6, 9,

## RIGHT & LEFT - SIDE, TOGETHER, SIDE, TOUCH [use hips ]

1-4                      Step Right to Right side, Step Left together, Step Right, Touch Left next to Right.  
5-8                      Step Left to Left side, Step Right together, Step Left, Touch Right next to Left.

## RHUMBA BOX [Basic]

1-2                      Step Right to Right side, Step Left next to Right.  
3-4                      Step back on Right, hold (sway hip to right)  
5-6                      Step Left to left, Step Right next to Left.  
7-8                      Step forward on Left, hold (sway hip to left) Tag: on Wall 1

## RIGHT DIAGONAL HIPS R.L.R.HOLD 2 x 1/4 PADDLE TURNS RIGHT

1-4                      Step Right to Right diag. and Rock hips Forward, Back, Forward, Hold [Wt.on R]  
5-6                      Step forward on Left turn 1/4 Right, Recover weight on Right. [3:00]  
7-8                      Step forward on Left turn 1/4 Right, Touch Right next to Left [Wt. on L]. [6:00]

## Restart dance... HAVE FUN IN LIFE & IN DANCE

**\*\* TAG for ALL SHOOK UP.....My Beginners & seniors love this.**

## STEP OUT, OUT, EXTEND LEFT HAND, SLAP RIGHT HAND TO WAIST, HIP ROLLS

1-4                      Step Right out, Step Left out, extend left hand out to left side palm facing forward, Slap Right Palm to waist and [Grunt Unh!!] if so wish..  
5-8                      Roll Hips [Elvis Hips]

**\*\* TAG for DREAM LOVER .....My Class love this also**

1-4                      Step Right to Right, Slide Left toe next to Right, Hip Bump R.L.  
5-8                      Step Left to Left, Slide Right toe next to Left Hip bumps L.R.

**Repeat above 8ct. again.. Restart the dance from S.1..... HAVE FUN :-)**

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Last Update – 10th Jan. 2019