

Chammak Challos

拍数: 112 墙数: 2 级数: Phrased Intermediate
编舞者: Andrico Yusran (INA) - May 2012
音乐: Akon (Sountrack movie "Ra-One")



Sequence: A, B, Tag, A, B – B, B, B, B, B, B

Intro: 32 Counts, Start dancing on lyrics

A I. Cross Touch – Side Touch

1-2 Cross touch R over L – Touch R to R side
3-4 Cross touch R over L – Step R to R side (Weight on R)
5-6 Cross touch L over R – Touch L to L side
7-8 Cross touch L over R – Step L to L side (Weight on L)

A II. Rocking Chair – Hitch – Step Back – Swivel

1&2 Step R forward – Recover on L – Step R back
&3-4 Recover on L – Step R forward – Hitch L
5-6 Step L back – Step R back beside L
7-8 Toe R – L to diagonal R – Toe L – R to diagonal L

A III. Cross Touch – Side Touch

1-2 Cross touch R over L – Touch R to R side
3-4 Cross touch R over L – Step R to R side (Weight on R)
5-6 Cross touch L over R – Touch L to L side
7-8 Cross touch L over R – Step L to L side (Weight on L)

A IV. Rocking Chair – Hitch – Step Back – Swivel

1&2 Step R forward – Recover on L – Step R back
&3-4 Recover on L – Step R forward – Hitch L
5-7 Step L back – Step R back beside L
7-9 Toe R – L to diagonal R – Toe L – R to diagonal L

A V. Step Lock Diagonal R – L

1-2 Step R diagonal forward – Step L behind R
3&4 Step R diagonal forward – Step L behind R – Step R diagonal forward
5-6 Step L diagonal forward – Step R behind L
7&8 Step L diagonal forward – Step R behind L – Step L diagonal forward

A VI. Jazz Box – Walk Forward – Shimmy

1-2 Cross R over – Step L back
3-4 Step R to R Side – Step L Beside R
5-6 Step R forward – Step L forward (Shake to shoulder)
7-8 Step R forward – Step L forward beside R (Shake to shoulder)

B I. Sweep Back – Hip Bumps – Unwind ½ Turn

1-2 Sweep R from front to back weight on R – Sweep L from front to back weight on L
3&4 Sweep R from front to back – Hip bumps – Forward – Back
5&6 Step L Back – Hip Bumps – Forward – Back
7-8 Step R cross behind – ½ Turn right – Weight on R

B II. Sweep Back – Hip Bumps – Unwind ½ Turn

1-2 Sweep L from front to back weight on L – Sweep R from front to back weight on R
3&4 Sweep L from front to back – Hip Bumps – Forward – Back

5&6 Step R back – Hips Bumps – Forward – Back
7-8 Step L cross behind – ½ Turn left – Weight on L

B III. Touch Forward – Touch Back – Pivot

1-2 Touch R forward – Touch R back
3-4 Step R forward – Turn ½ L – Weight on L
5-6 Touch R forward – Touch R back
7-8 step R forward – Turn ½ L – Weight on L

B IV. Step Side – Hook – Ball Cross – Full Turn

1-2 Step R to R side – Step L beside R
3-4 Step R to R side – Hook Cross L over R
&5-6 Step L in place – Cross R over L – Hold
7-8 Full Turn to left (Face o front)

B V. Step Forward – Lock Shuffle – Spiral – Lock Shuffle

1-2 Step R forward – Step L forward
3&4 Step R forward – Step L behind – Step R forward
5-6 Step L forward – Full Turn R (Spiral) weight on L
7&8 Step R forward – Step L behind – Step R forward

B VI. Step Forward – ¾ Spiral Turn – Lock Shuffle – Step Forward – Turn ¼ Left

1-2 Step L forward – ¾ Spiral turn R weight on L
3&4 Step R forward – Step L behind R – Step R forward
5-6 Step L forward – Recover on R
7-8 Turn ¼ step L to L – Hold (Weight on L)

B VII. Jazz Box – Ball Cross – ½ Turn – Hip Bumps

1-2 Step Cross R over L – Step L back
3-4 Long step L to side – Hold
&5-6 Step L beside R – Cross R over L – ½ Turn L
7-8 Hip Bumps R – L

B VIII. Jazz Box – Ball Cross – ½ Turn – Hip Bumps – Side Touch

1-2 Step Cross R over L – Step L back
3-4 Long step R to R side – Hold
&5-6 Step L beside R – Cross R over L – ½ Turn L
7-8 Hip Bumps R to side – Touch R beside L

Tag 16 Counts After Wall 1

Step Forward Diagonal – In Place – Syncopated

1&2 Step R forward diagonal – Step L beside R – Step R in place
3&4 Step L forward diagonal – Step R beside L – Step L in place
5&6 Step ¼ R forward – Step L behind R – Step ¼ R forward
&7&8 Step L behind R – Step ¼ R forward – Step L behind R – Step ¼ R forward

Step L Forward Diagonal – In Place – Step Side in Place – Syncopated

1&2 Step L forward diagonal – Step R beside L – Step L in place
3&4 Step to R side – Step L beside R – Step R in place
5&6 Step ¼ L forward – Step R behind L – Step ¼ L forward
&7&8 Step R behind L – Step ¼ L forward – Step R behind L – Step ¼ L forward
