

Island Dancers (P)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 0 级数: Partner
编舞者: Mick Harris (UK) - August 2012
音乐: Island Song - Zac Brown Band : (Album: Uncaged)



Start: 32 beats in (on vocals).

Position: right wrap. L hands joined in front of lady. Mans R hand going behind lady and Joining on ladies R hip. (there is no need to release hands until final section – pivot turns).

GRAPEVINE R WITH TOUCH, GRAPEVINE L WITH TOUCH,

1-4 step R to R side, step L behind R, step R to R side, touch L beside R.
5-8 step L to L side, step R behind L, step L to L side, touch R beside L.

HIP SWINGS X 4, FWD. SHUFFLE, HIP SWINGS X 2.

1-4 step slightly fwd on R to L diagonal and swing hips R,L,R,L.
5&6 step fwd on R, step L next to R, step fwd on R.
7-8 step slightly fwd on L to R diagonal and swing hips L,R.

HIP SWINGS X 2, FWD. SHUFFLE , SIDE ROCK, CROSS AND HOLD.

1-2 swing hips L,R.
3&4 step fwd on L, step R next to L, step fwd on L.
5-8 rock R out to R side, recover on L, cross R over L, hold.

SIDE ROCK, RECOVER, TURN ¼ R, STEP STEPPING FWD. , SIDE CLOSE SIDE, HOLD.

1-4 rock L out to L side, recover on R turning ¼ R, step fwd on L , hold (OLOD)
5-8 step R to R side, close L next to R, step R to R side, hold.

SIDE , CLOSE, STEP ¼ L, HOLD, MAMBO STEP ,COASTER STEP, BRUSH FWD.

1-4 step L to L side, close R next to L, turn ¼ L stepping L to L side, hold.
5&6 rock fwd. on R, recover on l, step back on R.
7&8 step back on L, step R next to L, step fwd. on L.
& brush fwd. with R.

LOCK STEP WITH BRUSH, LOCK STEP, STEP PIVOT STEP X 2.

1&2 step fwd. on R, step fwd. on L locking behind R, step fwd. on R.
& brush fwd. with L.
3&4 step fwd. on L, step fwd. on R locking behind L, step fwd. on L.
(Release R hands, lady keeps R hand on hip ready to pick up on restart).
5&6 step fwd. on R, pivot turn ½ L, step fwd. on R.
7&8 step fwd. on L, pivot turn ½ R, step fwd. on L.

(Back into start position)

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