

# Give Your Heart A Break - Beginner

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Kim Liebsch (DK) - August 2012  
音乐: Give Your Heart a Break - Demi Lovato



Intro: 16 counts after 1'st beat (appr. 8 seconds) - Start with weight on L foot

2 Restarts:

1'st restart on wall 4 after 16 counts\*

2'nd restart on wall 10 after 16 counts\*

Ending: On wall 14 after first 12 counts make step ½ turn, step 1/4 turn

**#1 section: 3 X walk fw, kick, 3 X walk back, touch**

1-2            Step fw. on R, step fw. on L 12:00  
3-4            Step fw. on R, kick L fw. 12:00  
5-6            Step back on L, step back on R 12:00  
7-8            Step back on L, touch R beside L 12:00

**#2 section: 2 X shuffle fw, step ½ turn, 2 X walk**

1&2            Step fw. on R, step L next to R, step fw. on R 12:00  
3&4            Step fw. on L, step R next to L, step fw. on L 12:00  
5-6            Step fw. on R, make ½ turn L, stepping fw. on L 6:00  
7-8            Step fw. on R, step fw. on L \*(restart on wall 4 and 10) 6:00

**#3 section: 2 X mambo, back rock, step ¼ turn**

1&2            Rock R to R side, recover on L, step R next to L 6:00  
3&4            Rock L to L side, recover on R, step L next to R 6:00  
5-6            Rock back on R recover on L 6:00  
7-8            Step fw. on R, make ¼ turn L, putting weight on L 3:00

**#4 section: 2 X kick ball change, 2 X out, hold with clap, 2 X in, hold with clap**

1&2            Kick R fw. step R next to L, change weight to L 3:00  
3&4            Kick R fw. step R next to L, change weight to L 3:00  
&5-6            Step R out, step L out, hold (clap) 3:00  
&7-8            Step R in, step L in, hold (clap) 3:00

Last Revision - 31st August 2012