

Give Your Heart A Break

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Give Your Heart a Break - Demi Lovato



Intro: 16 counts after 1`st beat (appr. 8 seconds) Start with weight on L foot

#1 section: 3 X walk fw, kick, 3 X walk back, touch

1-2 Step fw on. R, step fw on. L 12:00
3-4 Step fw on. R, kick L fw. 12:00
5-6 Step back on L, step back on R 12:00
7-8 Step back on L, touch R beside L 12:00

#2 section: R & L dorythy steps, 2 X step ½ turn

1-2& Step R diagonally fw. R, lock L behind R, step R diagonally fw. R 12:00
3-4& Step L diagonally fw. L, lock R behind L, step L diagonally fw. L 12:00
5-6 Step R fw., ½ turn over L, stepping fw. on L 6:00
7-8 Step R fw., ½ turn over L, stepping fw. on L 12:00

#3 section: 2 cross rock side, step ½ R into back rock

1-2& Cross rock R over L, recover L, step R to R side 12:00
3-4& Cross rock L over R, recover R, step L to L side 12:00
5-6 Step fw. R, ½ turn R, stepping back on L 6:00
7-8 Rock back on R, recover on L 6:00

#4 section: 2 X kick ball change, windmill turn

1&2 Kick R fw., step R next to L, change weight to L 6:00
3&4 Kick R fw. step R next to L, change weight to L 6:00
5-6 Touch R toe fw., ¼ turn L stepping down on R 3:00
7-8 ½ turn R, pointing L toe to L side, step down on L foot 9:00

#5 section: 2 X back rock, step ½ turn

1-2-3 Rock R behind L, recover on L, step R to R side 9:00
4-5-6 Rock L behind R, recover on R, step L to L side 9:00
7-8 Step R fw. ½ turn over L, stepping fw on L 3:00

#6 section: 2 X vaudeville, 2 point fw, 2 point side

1&2 Cross R over L, small step back on L, tap R heel fw. 3:00
&3&4 Step R beside L, cross L over R, small step back on R, tap L heel fw. 3:00
&5&6 Step L beside R, point R fw., step R beside L, point L fw. 3:00
&7&8& Step L beside R, point R to R side, step R beside L, point L to L side, step L beside R 3:00

#7 section: 2 X step ½ turn, vine, point

1-2 Step R fw. ½ turn over L, stepping fw. on L 9:00
3-4 Step R fw. ½ turn over L, stepping fw. on L 3:00
5-6 Step R to R side, cross L behind R 3:00
7-8 Step R to R side, point L to L side 3:00

#8 section: Roling vine touch, 2 X out, hold with a clap, 2 X in hold with a clap

1-2 Make ¼ turn L, stepping fw. on L, make ½ turn L stepping back on R 3:00
3-4 Make ¼ turn L, stepping L to L side, touch R beside L 3:00
&5-6 Step R out, step L out, hold (clap) 3:00

&7-8 Step R in, step L in, hold (clap) 3:00

2 Restarts:-

1`st restart on wall 2 after 48 counts * After section 6

2`nd restart on wall 5 after 48 counts * After section 6
