

Mister Lonely

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mae Neihouse (UK) - August 2012
音乐: Mister Lonely - Bouke



16 counts intro, dance starts on vocal

[1 - 8] RF Rumba box back Hold, Side together ¼ left Hold

1 2 3 4 Step RF right, Step LF next to right, Step RF back, hold
5 6 7 8 Step LF to left, Step RF next to left, ¼ left & step LF forward, hold [9]

[9 -16] RF Rumba box back Hold, Side together ¼ left Hold

1 2 3 4 Step RF right, Step LF next to right, Step RF back, hold
5 6 7 8 Step LF to left, Step RF next to left, ¼ left & step LF forward, hold [6]

[17 - 24] RF Scissor Cross Hold, Side behind ¼ left Hold

1 2 3 4 Step RF to right, Step LF next to RF, RF Cross over LF, hold
5 6 7 8 Step LF to left, RF behind Left, ¼ left and step LF forward, hold [3]

[25 - 32] Rock Recover ½ right Hold, Rock Recover, Coaster step

1 2 3 4 Rock RF forward, recover wt back to left, 1/2 over right shoulder, Step RF forward, hold [9]
5 6 7&8 Rock LF forward, recover weight to right, step LF back, Step RF next to left, Step LF forward

Easy option for last 4 counts :

Rock Fwd on L (5), recover weight to R (6), Step LF back (7), Hold (8)

Repeat

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