

Breathe

COPPER KNOB
BY STEPHEN METZ

拍数: 48 墙数: 2 级数: Advanced - NC2S
编舞者: Stig Ekström (SWE) - July 2012
音乐: Breathe - Regina Lund : (Album: Breathe)



Music downloadable at: <http://www.reginalund.com/>
Start after a 36 count intro.

Section 1: Right Basic, Left Basic, Extended Weave, Side, Together

- 1, 2 & Step right to right side, cross left behind right, step right over left
- 3, 4 & Step left to left side, cross right behind left, step left over right
- 5, 6 & 7 Step right to right side, cross left behind right, step right to right side, cross left over right
- 8 & Step right to right side, close left to right

Section 2: Basic, Turn ¼ Step, Triple 1½ Turn, Coaster Step, Forward, Together

- 1, 2 & Step right to right side, close left behind right, step right over left.
- 3 Turn ¼ to left step forward on left (9 o'clock).
- 4 & 5 Turn ½ to left step back on right, turn ½ forward on left, turn ½ back on right (3 o'clock)
- 6 & 7 Step left back, step right next to left, step left forward.
- 8 & Step forward on right, close left to right.

Section 3: Turn ¼ Basic, Basic, Step, Step, Turn, Step, Full Turn

- 1, 2 & Turn ¼ to left step right to right side, close left behind right, step right over left (12 o'clock).
- 3, 4 & Step left to left side, close right behind left, step left over right.
- 5, 6 & Step forward on right, step forward on left, turn ½ to right step forward on right (6 o'clock).
- 7, 8 & Step forward on left, turn ½ to left step back on right, turn ½ step forward on left (6 o'clock),

Section 4: ½ Turn Back, Coaster Step, Side Rock Cross, ½ Turn Extended Weave

- 1 Turn ½ to left step back on right (12 o'clock).
- 2 & 3 Step back on left, close right next to left, step forward on left.
- 4 & 5 Rock right to right side, recover on left, cross right over left.
- 6 & 7 Turn ½ cross left over right, step right to right side, cross left behind right (6 o'clock).
- 8 & Step right to right side, cross left over right.

Restart here on walls 3 and 5. Add the ending here on wall 6.

Section 5: Side Rock Behind, ¼ Turn Step, Step Full Turn, Coaster Step, Rock Turn ¼

- 1, 2 & Rock right to right side, recover on left, cross right behind left.
- 3 Turn ¼ to left step forward on left (3 o'clock).
- 4 & 5 Step forward on right, turn ½ to left step forward on left, turn ½ step back on right (3 o'clock).
- 6 & 7 Step back on left, close right next to left, step forward on left.
- 8 & Rock right to right side, turn ¼ to left step forward on left (12 o'clock).

Section 6: Turn ¼ Basic, Side, Behind, ¼ Turn Step, Rock, Scissor Step, Side, Cross

- 1, 2 & Turn ¼ to left step right to right side, close left behind right, cross right over left (9 o'clock).
- 3, 4 & Step left to left side, close right behind left, turn ¼ to left step forward on left (6 o'clock).
- 5 Rock forward on right
- 6 & 7 Recover on left, step right next to left, cross left over right
- 8 & Step right to right side, cross left over right.

Ending Right Basic, Left Basic, Together

- 1, 2 & Step right to right side, cross left behind right, step right over left
- 3, 4 & Step left to left side, cross right behind left, step left over right

