

Here & Now

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Lisa M. Johns-Grose (USA) - August 2012
音乐: Let's Go (feat. Ne-Yo) - Calvin Harris



INTRO. : 16 Counts

PRISSY R, L - R MAMBO FWD- WALK BACK L, R - L COASTER CROSS

1-2 Prissy walk forward right, left
3&4 Right rock forward, left recover back, step right next to left
5-6 Walk back left, right
7&8 Step left back, step right next to left, step left across right

R SIDE ROCK 1/4 L - R STEP LOCK STEP- PRESS L FWD - REC R (SWEEPING L) - L SAILOR 1/4 L

1-2 Rock right to right side, recover to left making 1/4 turn left
3&4 Step right forward, step left behind right, step right forward
5-6 Press weight forward on left, recover back on right while sweeping left out
7&8 Step left behind right making 1/4 turn left, step right to right, step left to left

R ACROSS- L SIDE- R SAILOR- L ACROSS -R SIDE- L CROSS SHUFFLE

1-2 Step right across left, step left to left
3&4 Step right behind left, step left to left, step right to right
5-6 Step left across right, step right to right
7&8 Cross shuffle left, right, left

R RHUMBA FWD - L SIDE, R TOG, L SIDE 1/4 L - WALK 1/2 TURN LEFT W/ R, L, R, L

1&2 Step right to right, step left next to right, step right forward
3&4 Step left to left, step right next to left, step left to left making 1/4 left
5-8 Walk and arc, 1/2 left, stepping right, left, right, left

BEGIN AGAIN !!

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