

Shake It Like That

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jen Zappulla & Pete Zappulla (USA) - August 2012
音乐: Shake It (feat. Big & Rich) - The Lacs



This is a straight rhythm line dance, with no syncopation.

TOE HEEL STRUTS X2, STEP OUT-OUT-IN-IN

1-2 Touch R toe forward (1), step down on R heel(2)
3-4 Touch L toe forward (3), step down on L heel (4)
5-6 Step out on the side on R(5), step out to the side on L(6)
7-8 Step in on R(7), step together with L(8)

LOCK STEP BACK, SLOW RIGHT COASTER STEP

1-2 Step back on R(1), lock L in front of R(2)
3-4 Step back on R(3), step L back slightly behind center(4)
5-6 Step back on R(5), step together with L(6)
7-8 Step forward on R(7), step slightly forward on L(8)

HEEL-HOOK-HEEL, STEP, HEEL-HOOK-HEEL, STEP

1-2 Touch R heel to front(1), hook R heel over L shin(2)
3-4 Touch R heel to front(3), step R down(4)
5-6 Touch L heel to front(5), hook L heel over R shin(6)
7-8 Touch L heel to front(7), step L down(8)

STEP, 1/4 TURN, STOMP, STOMP, HIP BUMPS X4

1-2 Step forward on R(1), turn 1/4 to L (weight to L)(2)
3-4 Stomp R(3), stomp L(4)
5-6 Bump hips R(5), bump hips L(6)
7-8 Bump hips R(7), bump hips L(8)

Begin again!

Contact: Indy Line Dancing, LLC - www.IndyLineDancing.com - (317) 721-LINE