

It's Not Funny

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Cato Larsen (NOR) - August 2012
音乐: Can't Get Arrested - Nik Kershaw : (CD: Nik Kershaw - You've Got To Laugh -
2006 - Hard To Get)



Intro: Start dansen på ordet "Laugh" (4 sekunder).

[1-8] Side, Hold, Rock Step, Side, Hold, Rock Step.

1,2 Step left to left side (1), Hold (2). 12:00
3,4 Step back on right (3), Rock (recover) weight forward again onto left (4).
5,6 Step right to right side (5), Hold (6).
7,8 Step back on left (7), Rock (recover) weight forward again onto right (8).

[9-16] ½ Pivot turn, Hold, Back Rock Step, ¼ Pivot turn, Hold, Back Rock Step.

1,2 Turn (pivot) ½ turn right Stepping back on left (1), Hold (2). 6:00
3,4 Step back on right (3), Rock (recover) weight forward again onto left (4).
5,6 Turn (pivot) ¼ turn left Stepping right to right side (5), Hold (6). 3:00
7,8 Step back on left (7), Rock (recover) weight forward again onto right (8).

[17-24] Vaudeville, Cross Rock, Back Rock.

1,2 Step left to left side (1), Cross right over left (2).
3,4 Step left to left side (3), Touch right heel diagonally forward right (4).
& Step right next to left (&).
5,6 Step left across of right (5), Rock (recover) weight back onto right (6).
7,8 Step left diagonally back left (7), Rock (recover) weight forward again onto right (8).

[25-32] Cross, ¼ Pivot turn twice, Point, Rolling Vine, Cross.

1 Cross left over right (1).
2 Turn (pivot) ¼ turn right Stepping back on right (2). 12:00
3 Turn (pivot) ¼ turn right Stepping left to left side (3). 9:00
4 Point right toe to right side (4).
5 Turn ¼ turn right Stepping forward on right (5). 12:00
6 Turn (pivot) ½ turn right Stepping back on left (6). 6:00
7 Turn (pivot) ¼ turn right Stepping right to right side (7). 9:00
8 Cross left over right (8).

[33 – 40] Side, Hold, Cha Cha in place, Side Rock, Cross Rock.

1,2 Step right to right side (1), Hold (2).
3,4 Step left next to right (3), Step right next to left (4).
5,6 Step left to left side (5), Rock (recover) weight back again onto right (6).
7,8 Step left across of right (7), Rock (recover) weight back again onto right (8).

[41-48] Side, Hold, Cha Cha in place, Side Rock, Cross, ¼ turn.

1,2 Step left to left side (1), Hold (2).
3,4 Step right next to left (3), Step left next to right (4).
5,6 Step right to right side (5), Rock (recover) weight back again onto left (6).
7 Cross right over left (7).
8 Turn (pivot) ¼ turn right Stepping back on left (8). 12:00

[49-56] Back Rock Step, ½ Pivot turn, Hold, Back Rock Step, ¾ Spiral turn.

1,2 Step back on right (1), Rock (recover) weight forward again onto left (2).

- 3,4 Turn (pivot) ½ turn left Stepping back on right (3), Hold (4). 6:00
5,6 Step back on left (5), Rock (recover) weight forward again onto right (6).
7,8 Step forward on left (7), Turn (spin) ¾ turn right on ball of left foot (8). 3:00

[57-64] Side Rock, Cross, Sweep into Point back, ½ turn, Spinn ½ turn.

- 1,2 Step right to right side (1), Rock (recover) weight back again onto left (2).
3,4,5 Cross right behind left (3), Sweep left foot back counter clockwise into Toe Touch back (4,5).
6 Turn ½ turn left Stepping down on left (6). 9:00
7,8 Turn (spin) ½ turn left Stepping right next to left (7,8). 3:00

Tag 1: To be danced after wall 1 (If you're dancing the intro, if not skip Tag 1). You will face 3 O'clock.

[1-4] Side Rock, Touch.

- 1,2 Step left to left side (1), Rock (recover) weight back again onto right (2).
3,4 Touch left toe next to right (3), Hold (4).

Tag 2: To be danced after wall 7. You will face 9 O'clock.

- 1 - 12 Side Rock, Touch, Step, ½ turn, Step (Chase turn), Step, ¼ turn, Cross.
1,2 Step left to left side (1), Rock (recover) weight back again onto right (2).
3,4 Touch left toe next to right (3), Hold (4).
5,6 Step forward on left (5), Turn (swivel) ½ turn right (6).
7,8 Step forward on left (7), Hold (8).
9,10 Step forward on right (9), Turn (swivel) ¼ turn right (10).
11,12 Cross right over left (11), Hold (12).

Dedicated to Syndie Berger (France) for the inspiration and the name of the dance!

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