

Wicked Echoes

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Advanced - NC2
编舞者: Debbie McLaughlin (UK) - August 2012
音乐: Teach Me How to Be Loved - Rebecca Ferguson : (Album: Heaven)



Count in: After 16 counts, on lyrics - Tip: Start dance with R toe pointed forwards

SWEEP, BEHIND ¼ TURN, ¼ SIDE, BACK ROCK, ¼ TURN, ¼ TURN, CROSS ¼ TURN, FULL TURN

- 1 2& Sweep R round from front to back, Cross R behind L, Make ¼ turn L stepping L forward (9oclock)
3 4& Make ¼ turn L stepping R big step to R side, Rock L behind R, Recover weight forward onto R (6oclock)
5 6 7 Make ¼ turn R stepping L back, Make ¼ turn R stepping R to R side, Cross L over R (12oclock)
&8& Make ¼ turn L stepping R back, Make ½ turn L stepping L forward, Make ½ turn L stepping back on R (9oclock)

½ TURN SWEEP, ROCK RECOVER BACK LOCK BACK LOCK BACK, ½ TURN, STEP ½ TURN, FULL TURN

- 1 2& Make ½ turn stepping forward on L (sweeping R around to front), Rock R forward, Recover back on L (3oclock)
3& 4& Step back on R, Lock L across R, Step back on R, Lock L across R
5 6 7& Step back on R, Make ½ turn L stepping L forward, Step R forward, Pivot ½ turn L taking weight onto L (3oclock)
8& Make ½ turn L stepping back on R, Make ½ turn L stepping forward on L (3oclock)

¼ SIDE BACK ROCK, SIDE ROCK CROSS ¼ TURN, WALK WALK ½ TURN ¼ TURN CROSS ROCK

- 1 2& Make ¼ turn L stepping R big step to R side, Rock L behind R, Recover weight forward onto R (12oclock)
3&4 Rock L to L side, Recover weight onto R, Cross L over R & hitch R knee making ¼ turn L (9oclock)
5 6 Walk forward R, L
7&8 Make ½ turn L stepping back on R, Make ¼ turn L stepping L to L side, Cross rock R over L (12oclock)

RECOVER BACK ROCK, ¼ TURN, ¾ SPIN SIDE, BEHIND ¼ TURN STEP ½ TURN

- 1 2& Recover weight back onto L & sweep R around, Rock R behind L, Recover weight forward onto L
3&4 Make ¼ turn R stepping R forward, Spin ¾ turn R hitching L knee up slightly (weight on R), Step L to L (12oclock)
5 6 Cross R behind L, Make ¼ turn L stepping L forward (9oclock)
7 8& Step R forward, Pivot ½ turn L taking weight forward onto L (Prep for full reverse spin over R shoulder). On the '&' count, make a full turn R keeping weight on L and sweeping R around into count 1 to start the dance again facing 3 oclock

Restart 1 - During 2nd Wall – Dance up to count 15, finish ½ pivot turn on count 16 (end with weight L & prep)
& reverse spin full turn R into start of dance (exactly the same as ending of the dance). Restart facing 6oclock

Tag - At end of Wall 3 – Dance first 4& counts of dance as normal and then do the following:

- 5 6& Step L to L side, Cross R behind L, Step L to L side
7 8& Step R forward, Pivot ½ turn L taking weight forward onto L (with prep) & do the full spin R
& sweep to start dance again (Tag starts and ends facing 9oclock)

Restart 2 - During 5th Wall – Exactly the same place/count as Restart 1. Restart facing 3oclock

Restart 3 - During 6th Wall – Dance up to count 28 (weight ends L). Sweep R around from front to back for count 1 to restart the dance. Restart facing 3oclock

Note: At end of Wall 7 the music slows down on the last 4 counts of the dance. Slow steps to match the music, and hold for 2 counts before starting Wall 8 facing 6oclock

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