

# Rescue Me

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Terri Lineberry (USA) - August 2012  
音乐: Rescue Me - Fontella Bass : (CD: Chess Soul: A Decade of Chicago's Finest - iTunes)



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## 32 COUNT INTRO

### WALK, WALK, TRIPLE STEP, ROCK RECOVER, COASTER STEP

1-2            Step right forward, step left forward  
3&4           Step right forward, step left to right, step right forward  
5-6           Rock left forward, recover on left  
7&8           Step left back, step right to back, step left forward

### WALK, WALK, TRIPLE STEP, ROCK RECOVER, ¼ TURN LEFT COASTER STEP

1-2            Step right forward, step left forward  
3&4           Step right forward, step left to right, step right forward  
5-6           Rock left forward, recover on left  
7&8           Step left back ¼ turn left, step right to left, step left forward

### KICK RIGHT FRONT, SIDE, SAILOR STEP, KICK LEFT FRONT, SIDE, ¼ TURN LEFT SAILOR STEP

1-2            Kick right forward, kick right to right  
3&4           Step right behind left, step left to left, step right to right  
5-6           Kick left forward, kick left to left  
7&8           Step left back ¼ turn left, step right to right, step left to left

### CROSS POINT, CROSS POINT, ROCKING CHAIR

1-2            Cross right over left, point left to left  
3-4            Cross left over right, point right to right  
5-6            Step right forward, recover on left  
7-8            Step right back, recover on left

## REPEAT AGAIN

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