Riding the Waves

拍数: 32

级数: High Beginner

编舞者: Connie Soto - August 2012

音乐: Pontoon - Little Big Town

R ROCK TO SIDE, L RECOVER, R SAILOR STEP, L ROCK TO SIDE, R RECOVER, L SAILOR STEP

- 1, 2 Rock right to right side in swaying motion, recover to left
- 3&4 Right behind left, step left to side, step right to side
- 5,6 Rock left to left side in swaying motion, recover to right
- Left behind right, step right, step left 7&8

R SKATE, L SKATE, R SHUFFLE, L SKATE, R SKATE, L SHUFFLE

- Skate right foot forward facing a little right, skate left foot forward facing a little left(Make this 1, 2 a swaying motion)
- 3&4 Shuffle forward right left right
- 5,6 Skate left foot forward facing a little left, skate right foot forward facing a little right(Make this a swaying motion)
- 7&8 Shuffle forward left right left

R ROCK, L RECOVER, R SHUFFLE BACK, STEP BACK L, STEP BACK R, L COASTER STEP

- Rock right foot forward, recover to left 1,2
- 3&4 Shuffle back right left right
- 5,6 Step back left right
- Coaster step left right left 7&8

R STEP FORWARD TURN ¼ L, R STEP FORWARD TURN ¼ L, SYNCOPATED R JAZZ BOX, R SCUFF, R HOOK

- 1,2 Step forward right foot, with swaying motion turn 1/4 to left, weight ends on left
- 3 .4 Step forward right foot, with swaying motion turn 1/4 to left, weight ends on left
- 5&6& Cross right over left, step back left, step right to side, step left to side
- 7,8 Scuff right and hook right in front of left





墙数:2