

Pop That Lock

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Mark Furnell (UK) - July 2012
音乐: Pop That Lock - Adam Lambert : (Album: Trespassing)



[1-8] Out, Out, Step Fwd Together, Heel Pop, Step Back, Coaster Step

1,2 Step Lt out to Lt Side, Step Rt out to Rt side
3,4 Step Fwd on Lt. Close Rt to Lt
&5,6 Lift both heels up, down. Weight on Lt. Step Back Rt
7&8 Step back Lt, Close Rt to Lt, Step fwd on Lt.

[9-16] Step Pivot, Shuffle fwd, Point turn, Point turn, Point turn, Point.

1-2 Step fwd Rt, Pivot ½ turn left, (weight on left.)
3&4 Step fwd Rt, Close Lt to Rt, Step fwd Rt
5,6 Point Lt to Lt making ¼ turn Rt, Point Lt to Lt making 1/3 turn Rt
7,8 Point Lt to Lt making 1/3 turn Rt, Point Lt to Lt making 1/3 turn Rt.

Restart here on Walls 4 and 11.

[17-24] Switch & Flick, Cross, Back, Side, Cross rock, Chasse Turn.

&1, 2 Replace Lt to Rt and Flick Rt out to Rt side, Cross Rt over Lt
3, 4 Step Back on Lt, Step Rt to Rt side
5, 6 Cross rock Lt over Rt, Replace Rt.
7&8 Step Lt to Lt, Close Rt to Lt, Step Lt to Lt making ¼ turn Lt.

[25-32] Step, Touch, Touch, Turn, Hitch Turn Bump, Bump, Bump

1,2 Step fwd Rt, Point Lt toe Fwd
3,4 Point Lt toe Back. Pivot ½ turn Lt on Rt, (weight on Lt)
&5,6 Hitch Rt knee making ½ turn Lt on Lt, Step down on Rt pushing both hips back.
7,8 Hump hips fwd left, Bump hips back Rt.

Happy Dancing.....
