

Survival

拍数: 112 墙数: 2 级数: Intermediate
编舞者: Qin Jianwei (CN) & Kong Qinling (CN) - August 2012
音乐: Survival - Muse : (2012 London Olympic Games theme song)



Intro: 48 count (approx 17 secs)

Intro Dance: 48 count

[1-8] Cross, Side, Recover, Hold, Cross, Side, Recover, Hold

1234 Cross right over left, rock left to left side, recover on right, hold.
5678 Cross left over right, rock right to right side, recover on left, hold.

[9-16] Cross, Side, Recover, Hold, Cross, Side, Recover, Hold

1234 Cross right over left, rock left to left side, recover on right, hold.
5678 Cross left over right, rock right to right side, recover on left, hold.

[17-24] Full Turn Walk

1234 1/4 Turn stepping right forward, hold, 1/4 turn stepping left forward, hold.
5678 1/4 Turn stepping right forward, hold, 1/4 turn stepping left forward, hold.

[25-32] Back Cross Back, Hold, Back Cross Back, Hold

1234 Step right back, cross left over right, step right back, hold.
5678 Step left back, cross right over left, step left back, hold.

[33-40] Rock, Recover, Cross, Hold, Rock, Recover, Cross, Hold

1234 Rock right to right, recover on left, cross right over left, hold.
5678 Rock left to left, recover on right, cross left over right, hold.

[41-48] Full Turn L, Together, Hold, Hand Movement

1234 1/2 Turn L stepping right back, 1/2 turn L stepping left forward, step right together, hold.
5678 Hand movement (Reference demo video)

Main Dance: 64count

[1-8] Fwd, Fwd, Touch, Touch, Fwd, Rocking Chair Step, Touch, Touch, Together.

12 Step right forward, step left forward.
3&4 Touch right next to left, touch right to right, step right forward.
5&6& Step left forward, recover on right, step left back, recover on right.
7&8 Touch left heel forward, touch left heel left side, step left together.

[9-16] Rocking Chair Step, Fwd, Fwd, Back, Back, Back, Coaster Step

1&2& Step right forward, recover on left, step right back, recover on left.
34 Step forward R,L.
5&6 Step back R,L,R.
7&8 Step left back, step right next to left, step left forward.

[17-24] Rock, Pivot 1/4 Turn L, Fwd, Fwd, Pivot 1/2 Turn R, Fwd, Full Turn, 1/2 Turn, kick ball change

1&2 Rock right to right, pivot 1/4 turn L, step right forward.
3&4 Step left forward, pivot 1/2 turn R, step left forward.
5&6 1/2 Turn L stepping right back, 1/2 turn L stepping left forward, 1/2 turn L stepping right back.
(9:00)
7&8 Kick left forward, step left together, step right forward.

[25-32] Fwd, Lock, Fwd, Lock, Fwd, Touch, Diagonal R Fwd, Lock Fwd, Lock, Fwd, Touch

1&2& Step left forward, lock right behind left, step left forward, lock right behind left.
34 Step left forward, touch right together.
5&6& Step right forward diagonal R, lock left behind right, step right forward, lock left behind right.
78 Step right forward, touch left together. (9:00)

[33-40] 1/4 Turn L Sailor Step, Cross, Side, Tap, Tog., Cross, Side, Tap, Tog., 1/2 Turn L Fwd R,L, Point

1&2 1/4 Turn L stepping left back, step right to right, step left forward. (6:00)
3&4& Cross right over left, step left to left, Tap right heel diagonal R, step right together.
5&6& Cross left over right, step right to right, Tap left heel diagonal L, step left together.
7&8 1/4 Turn L stepping right forward, 1/4 turn L stepping left forward, point right to right. (12:00)

[41-48] Fwd, Hitch, Cross, Side, Back, Cross, Side, Fwd, Hip Bumpx2.

12 Step right forward. hitch left over right.
3&4 Cross left over right, step right to right, step left back.
5&6 Cross right behind left, step left to left, step right forward.
7&8 Step left forward and bumps hips forward, back, forward.

[49-56] Coaster Step, Fwd Shuffle, Fwd, 1/2 Turn R Touch, 1/4 Turn L Side, 1/2 Turn L Triple Step

1&2 1/4 Turn R stepping left back, step right together, step left forward.
3&4 Step right forward, lock left behind right, step right forward.(3:00)
5&6 Step left forward, 1/2 turn R touching right front left, 1/4 turn L stepping right to right. (6:00)
7&8 1/2 Turn L triple right, left, right (12:00)

[57-64] Cross Mambo x2, 1/2 Turn R Mambo, Full Tull

1&2 Cross right over left, recover on left, step right to right.
3&4 Cross left over right, recover on right, step left to left.
5&6 Step right forward, pivot 1/2 turn L, step right forward. (6:00)
7&8 1/2 Turn R stepping left back, 1/2 turn R stepping right forward, step left forward.

Note: please refer to the video for Hand's movement

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