

Neon

拍数: 32 墙数: 4 级数: Improver
编舞者: Dan Albro (USA) - August 2012
音乐: Neon - Chris Young



OR - Thriller by Michael Jackson [Thriller / History] 118 bpm
Start dancing on lyrics

SIDE, HOLD, ROCK, STEP, SIDE, HOLD, ROCK, STEP

1-2-3-4 Large step left to side, hold sliding right towards left, rock right back, recover to left
5-6-7-8 Large step right to side, hold sliding left towards right, rock left back, recover to right

STEP, HOLD, STEP, TURN, STEP, LOCK, SHUFFLE FORWARD

1-2-3-4 Step left forward, hold, step right forward, turn ½ right on right
5-6-7&8 Step left forward, lock right behind left, step left forward, step right together, step left forward

¼ TURN SWAY, SWAY, SWAY, CROSS ROCK, REPLACE, FULL TURN

1-2-3 Turn ¼ left on ball of left swaying side right, sway hips left, sway hips right
4-5-6 Cross/rock left over right, recover to right, turn ¼ left and step forward left
7-8 Turn ½ left and step right back, turn ¼ left and step left to side

CROSS ROCK, REPLACE, SHUFFLE, CROSS ROCK, REPLACE, SIDE TOGETHER

1-2 Cross/rock right over left, recover to left
3&4 Chassé side right-left-right 5-6 Cross/rock left over right, recover to right
7-8 Step left to side, step right together

REPEAT
