

# Heidi

拍数: 64      墙数: 2      级数: Improver  
编舞者: Marie Sørensen (TUR) - August 2012  
音乐: Heidi - Kurt Darren : (iTunes)



## Intro: 16 Counts

### Point, Hitch, Point, Hitch, Ball Change, Point, Hitch ¼ Turn, Hold

1-2            Point Right to Right side, hitch Right up & in front of Left  
3-4            Point Right to Right side, hitch Right up & in front of Left  
&5-6          Step Right beside Left, point Left to Left side, hitch Left up & in front of Right  
7-8            ¼ turn Left on the ball of Right, point Left toe forward, hold (09:00)

### Step Back, Sweep, Step Back, Sweep, Rock, Recover, Run, Run

1-2            Step back on Left, sweep Right back  
3-4            Step back on Right, sweep Left back  
5-6            Rock back on Left, recover  
7-8            Run forward Left, Right (09:00)

### Sugar Foot Left, Step Together, Sugar Foot Right, Step Together

1-2            Tap Left toe beside Right (Knee in) Tap Left heel beside Right (Knee out)  
3-4            Tap Left toe beside Right (Knee in) step Left beside Right  
5 – 6          Tap Right toe beside Left (Knee in) Tap Right heel beside Left (Knee out)  
7-8            Tap Right toe beside Left (Knee in) step Right beside Left (09:00)

### Samba Step Left, Right, Jazz Box ½ Turn Left

1&2            Cross Left over Right, rock Right to the Right side, recover  
3&4            Cross Right over Left, rock Left to Left side, recover  
5-6            Cross Left over Right, ¼ turn Left, step back on Right  
7-8            ¼ turn Left, step fwd. Left, step Right beside Left (03:00)

### Samba Step Left, Right, Jazz Box ½ Turn Left

1&2            Cross Left over Right, rock Right to the Right side, recover  
3&4            Cross Right over Left, rock Left to Left side, recover  
5-6            Cross Left over Right, ¼ turn Left, step back on Right  
7-8            ¼ turn Left, step fwd. Left, step Right beside Left (09:00)

### Side, Behind, Heel Jacks, Kick, Kick, Behind, Point

1-2            Step Left to Left side, cross Right behind Left  
&3&4          Step Left to Left side, tap Right heel diagonal forward Right, step Right beside Left, cross Left in front of Right  
5-6            Kick Right LOW diagonal forward Right, kick Right HIGH diagonal forward Right  
7-8            Step Right behind Left, point Left to Left side (09:00)

### Hitch, Point, Hitch, Point, ¼ Turn Left, Kick, Walk, Walk

1-2            Hitch Left up & in front of Right, point Left to Left side  
3-4            Hitch Left up & in front of Right, point Left to Left side  
5-6            ¼ turn Left on the ball of Right, kick Left forward  
7-8            Step back Left, Right (06:00)

### Rock Left, Recover, Jump Left, Right, Kick, Rock, Recover,

1-2            Back Rock Left, Recover  
&3-4          Jump Left to Left side, jump Right to Right side, kick Left diagonal forward Left

5-6 Back Rock Left, Recover  
&7-8 Jump Left to Left side, jump Right to Right side, cross Left over Right (06:00)

**TAG: 40 Counts tag after wall 4, facing the front wall**

**Now the music slows down for the next 40 beats, listen, and follow the music.**

**T-1. Point, Hitch, Point, Hitch, Ball Change, Point, Hitch , Point Hitch**

1-2 Point Right to Right side, hitch Right up & in front of Left  
3-4 Point Right to Right side, hitch Right up & in front of Left  
&5-6 Step Right beside Left, point Left to Left side, hitch Left up & in front of Right  
7-8 Point Left to Left side, hitch Left up & in front of Right (12:00)

**T-2. Ball Change, Heel, Together, Heel, Together, Heel Switches, Walk, Walk**

&1-2 Step Left beside Right, tap Right heel Fwd. step Right beside Left  
3-4 Tap Left heel fwd. step Left beside Right  
5&6& Tap Right heel fwd. step Right beside Left, tap Left heel fwd. step Left beside Right  
7-8 Step fwd. Right, Left (12:00)

**T-3 & T-4: Repeat section T-1 and T-2**

**T-5. Jazz Box Cross Over, Twice**

1-2 Cross Right in front of Left, step back on Left  
3-4 Step Right to Right side, cross Left in front of Right  
5-6 Cross Right in front of Left, step back on Left  
7-8 Step Right to Right side, cross Left in front of Right

**Note: Thanks Joey for this music suggest !**

**Have Fun!**

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