

Sweet Heidi

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Marie Sørensen (TUR) - August 2012
音乐: Heidi - Kurt Darren : (iTunes)



Intro: 16 Counts

Point, Hitch, Point, Hitch, Side, Touch, Side, Touch

1-2 Point Right to Right side, hitch Right up & in front of Left
3-4 Point Right to Right side, hitch Right up & in front of Left
5-6 Step Right to Right side, touch Left beside Right
7-8 Step Left to Left side, touch Right beside Left (12:00)

Step Back, Sweep, Step Back, Sweep, Rock, Recover, Run, Run, Ball Step

1-2 Step back on Right, sweep Left back
3-4 Step back on Left, sweep Right back
5-6 Rock back on Right, recover
7-8& Run forward Right, Left, step forward Right (12:00)

Sugar Foot Left, Step Together, Sugar Foot Right, Step Together

1-2 Tap Left toe beside Right (Knee in) Tap Left heel beside Right (Knee out)
3-4 Tap Left toe beside Right (Knee in) step Left beside Right
5-6 Tap Right toe beside Left (Knee in) Tap Right heel beside Left (Knee out)
7-8 Tap Right toe beside Left (Knee in) step Right beside Left (12:00)

Jazz Box ¼ Turn Left, Twice, Touch

1-2 Cross Left over Right, step back on Right
3-4 ¼ turn Left, step fwd. Left, step Right beside
5-6 Cross Left over Right, step back on Right
7-8 ¼ turn Left, step fwd. Left, touch Right beside Left (03:00)

TAG: 8 Counts tag - after wall 9, facing 06:00

After wall 8 the music slows down for the next 40 beats, listen, and follow the music.

Jazz Box Cross Over, Twice

1-2 Cross Right in front of Left, step back on Left
3-4 Step Right to Right side, cross Left in front of Right
5-6 Cross Right in front of Left, step back on Left
7-8 Step Right to Right side, cross Left in front of Right

Note: Thanks Joey for this music suggest !

Have Fun!

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