

I Promise You

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Kerry Bailey (AUS) & Andrew Bailey - August 2012
音乐: Dig Two Graves - Adam Harvey : (Album: Falling into Place)



Start Position - Feet Together Weight On Right Foot

Intro: 18 Counts On Word 'You'

[1 – 8] SIDE BEHIND & SIDE BEHIND, FORWARD ROCK, BACK LOCK BACK

1, 2 & Step L to Side, Rock R Behind, Replace on L
3, 4 & Step R to Side, Rock L Behind, Replace on R
5, 6 Rock Forward on L, Back on R
7 & 8 Step back on L, Cross R over L, Step Back on L. [12.00]

[9 -16] COASTER STEP, SWEEP, SWEEP, CROSS SIDE BEHIND, SIDE, CROSS ROCK

1 & 2 R Coaster – Step R Back, Step L Together, Step R Forward
3, 4 Sweep L, Step on L, Sweep R, Step on R
5 & 6 Sweep L over R, Step R to Side, Step L Behind
& 7, 8 Step R to Side, Cross L over R, Replace on R [12.00]

[17 – 24] & FORWARD ROCK, 1 1/2 TURN, FORWARD ROCK & FORWARD ROCK

& 1, 2 Replace L, Rock Forward on R, Rock back on L
3 & 4 Turn 1 ½ R – R,L,R

*****On Wall 4 - Restart here Facing back Wall [6.00]**

5, 6 Rock Forward L, Rock back R
& Step on L
7, 8 Rock Forward R, Rock Back L [6.00]

[25 – 32] ¼ TURN SHUFFLE, CROSS, BACK, SIDE, CROSS, SIDE, BEHIND, SWAY, SWAY, ¼ TURN

1 & 2 Turn ¼ R, Shuffle R,L,R
3 & 4 Cross L over R, Step R Back, Step L to side
5 & 6 Cross R over L, Step L to Side, Step R Behind L
7, 8 Sway hips to L, Step on L, Sway Hips to R, Turning ¼ R, Step R Forward [12.00]

[33 – 40] PADDLE TURN CROSS, ¼, ¼ CROSS, ROCK TURN ¼ , FULL TURN

1 & 2 Step Forward L, Turn ¼ R, Step R to Side, Cross L over R [3.00]
3 & 4 Turn ¼ L, Step Back on R, Turn ¼ L, Step L to Side, Cross R over L [9.00]
5, 6 Rock L to side, Turn ¼ R, Step R Forward [12.00]
7, 8 Full Turn R – Turn ½ R, Step Back on L, Turn ½ R, Step Forward on R

***On Wall 1- Restart Here Facing Front Wall [12.00]**

****On Wall 2- Add Tag**

1, 2 Pivot Turn – Step Forward on L, Turn ½ R, Step on R - Restart Back Wall [6.00]

[41 – 48] PIVOT TURN STEP, SWAY, SWAY, CROSS BACK SIDE, BACK ROCK

1 & 2 Step Forward on L, Turn ½ R, Step Forward on R, Step Forward on L
3, 4 Sway Hips to R, Rock on R, Sway Hips to L, Rock on L
5 & 6 Cross R over L, Step L Back, Step R to Side
7, 8 Rock L Back Behind R, Replace on R [6.00]

[48] RESTART DANCE AGAIN

Finish: On Wall 5: Slow down on Last 8 counts and Step L to Side and Drag R to L.

Dedicated to our 25 years of marriage xxxxxxxx Enjoy!

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