

Chicken & Biscuits

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Dom Yates (UK) - July 2012
音乐: Chicken and Biscuits (feat. James Otto) - Colt Ford : (CD: Chicken & Biscuits - iTunes)



16 Count Intro (On Vocals)

[1-8] : Side, Weave, Side, Sailor ¼ Turn, Walks Forward

1 Step right to side
2&3 Cross left behind right, step right to side, cross left over right
4 Step right to side
5&6 Cross left behind right, step right in place, make ¼ turn left stepping forward on left
7,8 Walk forward right, left

[9-16] : Right Mambo, Left Coaster, Pivot ½ Turn, Triple Full Turn

1&2 Rock forward on right, recover onto left, step back on right
3&4 Step back on left, step right next to left, step forward on left
5,6 Step forward on right, pivot ½ turn to left
7&8 Make ½ turn left stepping back on right, make ½ turn stepping forward on left, step forward on right

Option: Replace full turn with shuffle forward on right

[17-24] : Walks Forward, Left Mambo, Bumps Back

1,2 Walk forward left, right
3&4 Rock forward on left, recover onto right, step back on left
5&6 Step back on right bumping hips back, forward, back (right, left, right)
7&8 Step back on left bumping hips back, forward, back (left, right, left)

[25-32] : Right Coaster, Left Kick Ball Point, ¼ Turn, Left Kick Ball Point, ¼ Turn

1&2 Step back on right, step left next to right, step forward on right
3&4 Kick left foot forward, step onto left, point right to side
5 Make ¼ turn right stepping right next to left
6&7 Kick left foot forward, step onto left, point right to side
8 Make ¼ turn right stepping right next to left

[33-40] : Forward Rock, Triple Full Turn, Forward Rock, ½ Turn

1,2 Rock forward on left, recover onto right
3&4 Make full turn to left stepping left, right, left (on spot)

Option: Replace full turn with left coaster step

5,6 Rock forward on right, recover onto left
7,8 Make ½ turn right stepping forward on right, step forward on left

** Restart Here On Odd Numbered Walls (1,3&5)**

[41-48] : Walks Forward, Anchor Step, Walks Back, Left Coaster

1,2 Walk forward right, left
3&4 Lock right behind left, step left in place, step back on right
5,6 Walk back left, right
7&8 Step back on left, step right next to left, step forward on left

[49-56] : Step, Jazz Box, Out, Out, Hip Bumps

1,2,3&4 Step right to side, cross left over right, step back on right, step left to side, cross right over left
5,6 Step left out to side, step right out to side

7&8

Bump hips left, right left

Start Again

Restarts: Walls 1,3&5 restart after count 40

Optional Styling:

On the walks forwards (counts 7,8; 17,18 & 41,42) kick the foot forward before stepping down (almost like skipping)

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