

Taboo

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Chris Hodgson (UK) - June 2012
音乐: Taboo - Don Omar : (CD: Latino 45)



64 Count Intro - Start on Main Vocals (1 RESTART)

[1-8] WALK FWD x 2 / MAMBO STEP / WALK BACK x 2 / COASTER STEP

1-2 Step Forward On Right, Step Forward On Left
3&4 Step Forward On Right, Rock Weight Back Onto Left, Step Right Back Next To Left
5-6 Step Back On Left, Step Back On Right
7&8 Step Back On Left, Step Right Next To Left, Step Forward On Left

[9-16] SWEEP-1/4-CROSS / CROSS ROCKS / ROCK-STEP SIDE / HIP SWAYS

1-2 Sweep Right Over Left Making 1/4 Turn Left, Cross Step Right Over Left (9)
3&4 Rock Weight Back Onto Left, Rock Weight Forward Onto Right, Rock Weight Back Onto Left
5-6 Rock Weight Forward Onto Right, Step Left To Left Side
7&8 Sway Hips Right-Left-Right *** (Add Extra Sway Left On Wall 5 To Take Weight Onto Left To Restart Dance)***

Restart Here On Wall 5 Facing 9 O'clock

[17-24] CROSS ROCK / CHASSE 1/4 TURN / SAMBA STEP x 2

1-2 Cross Left Over Right, Rock Weight Back Onto Right
3&4 Step Left To Left Side, Step Right Next To Left, Step Left 1/4 Turn Left (6)
5&6 Cross Right Over Left, Step Left To Left Side, Step Right To Right Side
7&8 Cross Left over right, Step Right To Right Side, Step Left To Left Side

[25-32] STEP-1/4-CROSS / SIDE-ROCK-CROSS x 2 / SIDE ROCK

1&2 Step Forward On Right, Pivot 1/4 Turn Left, Cross Right Over Left (3)
3&4 Step Left To Left Side, Rock Weight Onto Right, Cross Left Over Right
5&6 Step Right To Right Side, Rock Weight Onto Left, Cross Right Over Left
7-8 Step Left To Left Side, Rock Weight Onto Right

[33-40] BACK ROCK-STEP / STEP-1/2 TURN / TRIPLE FULL TURN FWD (or alt) / MAMBO STEP

1&2 Step Back On Left, Rock Weight Forward Onto Right, Step Forward On Left
3-4 Step Forward On Right, Pivot 1/2 Turn Left (9)
5&6 1/2 Turn Left Stepping Back On Right, 1/2 Turn Left Stepping Forward On Left, Step Forward On Right

(Alt-Right Lock Step Forward)

7&8 Step Forward On Left, Rock Weight Back Onto Right, Step Left Next To Right

[41-48] BACK-DRAG / & WALK-WALK / FULL PADDLE TURN (or alt)

1-2 Step Back On Right, Drag Left Next To Right
&3-4 Step Left Next To Right, Step Forward On Right, Step Forward On Left
5& Touch Right Toe To Right Side, Hitch Right As You Turn 1/4 Left On Left
6& Touch Right To Right Side, Hitch Right As You Turn 1/4 Left On Left
7&8& REPEAT COUNTS 5&6&

(Alt - Side Switches R-L-R-L-& step L next to R) Weight Ends On Left

[49-56] CROSS ROCK / SIDE-ROCK-CROSS x 2 / BACK ROCK

1-2 Cross Right Over Left, Rock Weight Back Onto Left
3&4 Step Right To Right Side, Rock Weight Onto Left, Cross Right Over Left
5&6 Step Left To Left Side, Rock Weight Onto Right, Cross Left Over Right

7-8 Step Back On Right, Rock Weight Forward Onto Left.....

BEGIN AGAIN

This Is Latin Style Music – Use Your Hips!!!!

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