

# Living In The Moment

COPPER KNOB  
BY STEPHEN

拍数: 48      墙数: 4      级数: Improver  
编舞者: Jacqui Jax (UK) - July 2012  
音乐: Living In the Moment - Jason Mraz : (CD: Love Is A Four Letter Word)



Start: On Lyrics. :: Seconds: 14 :: Count: 16 :: BPM: 84

## RUMBA BOX, WALK, WALK, COASTER STEP

1&2      Step right to right, step left by right, step forward right  
3&4      Step left to left, step right by left, step back left  
5-6      Step back right, step back left  
7&8      Step back right, step left by right, step forward right

## WALK, WALK, SIDE ROCK CROSS, ROCK RECOVER, BEHIND SIDE CROSS

9-10      Step forward left, step forward right  
11&12      Rock left to left, recover onto right, cross left over right  
Tag: Here During Wall 5 - Restart 2 After Tag During Wall 5 (facing 9:00)  
13-14      Rock right to right, recover onto left  
15&16      Step right behind left, step left to left, cross right over left

## ROCK RECOVER, BEHIND ¼ STEP, STEP KICK, COASTER STEP

17-18      Rock left to left, recover on right  
19&20      Step left behind right, making ¼ turn right step forward right, step forward left 3:00  
21-22      Step forward right, kick left forward  
23&24      Step back left, step right by left, step forward left

## STEP LOCK STEP, STEP, PIVOT, STEP, SIDE & SIDE & HEEL & HEEL

25&26      Step forward right, step left behind right, step forward right  
27&28      Step forward left, pivot ½ turn right, step forward left 9:00  
29&30&      Touch right to right, step right by left, touch left to left, step left by right,  
31&32&      Touch right heel forward, step right by left, touch left heel forward, step left by right

## WALKS FORWARD MAKING ¾ TURN LEFT, JAZZ BOX

33-34      Step forward right, step forward left  
35-36      Step forward right, step forward left 12:00  
37-38      Cross right over left, step back left  
39-40      Step right to right, step forward left

Restart 1 During Wall 2 (facing 3:00)

## ROCK RECOVER, ½ TRIPLE TURN, ROCK RECOVER, ¼ SAILOR TURN

41-42      Rock forward onto right, recover onto left  
43&44      Make ½ turn right stepping right left right 6:00  
45-46      Rock forward onto left, recover onto right  
47&48      Sweep left around right making ¼ turn left, step left behind right, step right to right, step forward left 3:00

Dance Ends Here Wall 7 - To Finish Facing 12:00

Replace Counts 47&48 (¼ Sailor Turn) with ½ or 1½ Triple Turn Left

START AGAIN

Restart 1: Wall 2 after count 40

Restart 2: Wall 5 after 4 count Tag

**Tag: Wall 5 After Count 12**  
**(JAZZ BOX CROSS)**

1-4                    Cross right over left, step back onto left, step right to right, cross left over right

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