

Get to Rockin'

COPPER KNOB
STEPPERS

拍数: 36 墙数: 2 级数: Improver
编舞者: Johnny Brast (USA) & Jamie Marshall (USA) - May 2012
音乐: Something To Do With My Hands - Thomas Rhett : (Any ECS)



Start on vocals (40-count intro)

Remix version is the preferred option

Note: 1 restart on 6th wall

I. R TRIPLE, ROCK, RECOVER, HEEL GRIND W/ ¼ TURN, L COASTER

1&2 Step R to R (1), Step L next to R (&), Step R to R (3)
3,4 Rock L back (3), Recover onto R (4)
5,6 L heel forward , toe pointed in (5), Grind motion, turning toe out as turning ¼ L (6) (weight on R)
7&8 Step L back (7), Step R next to L (&), Step L forward (8) (9:00)

II. TRIPLE FORWARD, ROCK, RECOVER, LONG STEP BACK, DRAG, ROCK, RECOVER

9&10 Step R forward (9), Step L next to R (&), Step R forward (10)
11,12 Rock L forward (11), Recover onto R (12)
13,14 Long step back on L (13), Drag R towards L (14)
15,16 Rock R back (15), Recover onto L (16) (9:00)

III. SLOW SKATE, ¼ TURN, ½ TURN, BACK TRIPLE

17,18 Slow R skate (17, 18)
19,20 Slow L skate (19,20) (9:00)
21,22 Turn ¼ R, stepping R forward (21), Turn ½ R, stepping L back (22),
23&24 Step R back (23), Step L next to R (&), Step R back (24) (6:00)

IV. ROCK, RECOVER, ¼ TRIPLE, CROSS, STEP BACK, ¼ TURN HEEL JACK

25,26 Rock L back (25), Recover onto R (26)
27&28 Turn ¼ R, stepping L to L (27), Step R next to L (&), Step L to L (28) (9:00)
29,30 Cross R over L (29), Step L back (30)
&31 Turn ¼ L, Step R back (&), Extending L heel forward (31),
&32 Step L next to R (&), Touch R next to L (32) (6:00)

Restart on Wall 6 after 32 Counts (after instrumentals)

V: FUNKY APPLE JACKS WITH OPTION

33 Press R heel to floor (taking weight) as fan L toe to L (1)
&34 Tap L toe in R instep (&), Press L heel to floor (taking weight) as fan R to R (2)
&35 Tap R toe to L instep (&), Press R heel to floor (taking weight) as fan L to L (3)
&36 Tap L toe to L instep (&), Press L heel to floor (taking weight) as fan R to R (4)
& Touch R toe to L instep (&)

OPTION: Slap R hand on R leg (1), Slap L hand on L leg (2), slap hands together, moving hands up and down as if dusting off adding hip bumps R,L (3,4)

REPEAT

Dance ends on Counts 17,18, turn to front & pose.

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